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LIBRARY CONSUMER RESOURCES

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Alberta
CONSUMER AND
CORPORATE AFFAIRS

LIBRARY CONSUMER RESOURCES

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Alberta Consumer and Corporate Affairs encourages fairness in the marketplace between buyers and sellers.

August 1989

INTRODUCTION

This edition of Library Consumer Resources contains a listing of the most up-to-date publications available in the field of consumerism.

It is designed to assist librarians in identifying consumer materials considered to be useful additions to a public library collection. Items selected were chosen from publications available in the Resource Centre. All materials listed are still in print and complete ordering information has been provided for each entry, although prices quoted are an estimate only. Canadian material is indicated by an asterisk.* To purchase any of the materials listed, consult the publishers, producers and suppliers index for addresses, or contact your local book store.

The section on Associations and Organizations contains a directory of selected Canadian agencies active in the consumer field. Whenever possible, Edmonton and Calgary addresses are provided.

All circulating materials may be borrowed from the Resource Centre for preview purposes. Borrowers are responsible for the prompt return of materials and for all return mailing costs.

To borrow materials or to obtain copies of Library Consumer Resources please contact:

Alberta Consumer and Corporate Affairs
Resource Centre
22nd floor, 10025 Jasper Avenue
EDMONTON, AB
T5J 3Z5
422-2010

Hours of Operation:
Monday - Friday
8:15 a.m. - 4:30 p.m.

TABLE OF CONTENTS

1. SOURCES OF FREE AND INEXPENSIVE MATERIALS 1

2. DIRECTORIES 1

3. STATISTICAL SOURCES 2

4. PERIODICALS AND NEWSLETTERS 3

5. PERIODICAL INDEXES 4

6. BUYING GUIDES 5
   A. Comprehensive 5
   B. Specific 5

7. CONSUMER BOOKS AND PAMPHLETS 7
   Advertising 7
   Consumer Law 7
   Energy and Conservation 8
   Food and Nutrition 9
   Health and Safety 9
   Home-Based Business 11
   Household Hints 12
   Housing and Real Estate 14
   Insurance 17
   Investments and Taxation 18
   Money Management 23
   Retirement 27
   Transportation 29
   Wills and Estates 30
   General 31
   Miscellaneous 32

8. AUDIO-VISUALS 35

9. ASSOCIATIONS AND ORGANIZATIONS 37

10. PUBLISHERS, PRODUCERS AND SUPPLIERS 42

11. TITLE INDEX 47

12. AUTHOR INDEX 53

1. SOURCES OF FREE AND INEXPENSIVE MATERIALS

Alberta Agriculture. Publications List.
Edmonton: The Department, annual.

Covers a variety of household topics, agricultural pamphlets, and information sheets.

Available from: Alberta Agriculture Publications
Cost: Free

Selected U.S. Government Publications.
Washington, DC: Superintendent of Documents, irregular.

Complete ordering information is provided for U.S. federal publications of interest to the general reader.

Available from: Superintendent of Documents
Cost: Free

Several government agencies and organizations regularly issue news releases and fact sheets of interest to consumers. The following is a selected list of sources:

Canadian Standards
Association
178 Rexdale Blvd.
Rexdale, ON
M9W 1R3

Consumer and Corporate Affairs Canada
Backgrounders on various subjects
Consumer and Corporate Affairs
50 Victoria Street, Place du Portage
Hull, PQ
K1A 0C9

Retail Council of Canada
"Information Service"
Suite 600, 210 Dundas Street W
Toronto, ON
M5G 2E8

A CBC television program, "Marketplace", publishes fact sheets on a variety of topics. Send a self-addressed, stamped, business-size envelope to:

Marketplace
Box 2000 Station A
Toronto, ON
M5W 2A2

The listing of "Associations and Organizations" which appears in this booklet provides additional contact suggestions.

2. DIRECTORIES

Consumer Directory. The Hague, Netherlands: International Organization of Consumers Unions, annual.

An international guide to government, and private consumer organizations working on consumer issues.

Available from: IOCU Central Office
Cost: $18.00

***Directory of Associations in Canada.**
Toronto: Micromedia Ltd., annual. (ISSN 0316-0734).

A directory of active non-governmental associations in Canada, includes addresses for branches, chapters and regions. The subject index classifies associations by types of activities.

Available from: Micromedia Limited
Cost: $180.00

*A Guide to Government Grants in Alberta. Edmonton: Oakdale Publishing, Annual. (ISBN 0-9692836-0-1).
A descriptive guide to the federal and provincial grants available to Albertans. Includes information on how to apply for a grant.

Available from: Oakdale Publishing Co., Division of Spectrum Marketing Corporation

Cost: $29.95

U.S. Office of Consumer Affairs. Consumer's Resource Handbook. Pueblo, COL: Consumer Information Centre, annual.

An American consumer assistance directory of use to Canadians. Lists corporate consumer contacts, Better Business Bureaus and Federal agencies. Includes information on how to be a smart consumer, handling complaints and avoiding purchasing problems.

Available from: Consumer Information Centre

Cost: Free

Wasserman, P., and Morgan, J., ed. Consumer Sourcebook. Detroit: Gale, annual. (ISSN 0738-0518)

Directory of U.S. organizations, government agencies, media services and companies.

Available from: Gale Research
Cost: $185.00

3. STATISTICAL SOURCES

While Canadian almanacs are good sources of statistics, the chief supplier is the government agency Statistics Canada. A single copy of their annual catalogue describing their publications and prices is available for $10.00 by contacting:

Statistics Canada
Publications Sales and Service
Ottawa, ON
K1A 0T6 OR

For information about the Consumer Price Index or any other Statistics Canada publication, contact:

Statistics Canada
8th floor, Park Square
10001 Bellamy Hill
Edmonton, AB
T5J 3B6
495-3027

Following is a selected list of Statistics Canada publications of interest to consumers:

62-001 Consumer Price Index (Monthly) Bilingual. First issue, January 1935. (ISSN 0703-9352)
$8.90 a copy; $89.00 per year.

62-010 Consumer Price and Price Indexes (Quarterly) Bilingual. First issue, December 1975.
(ISSN 0380-691X)
$17.25 a copy; $69.00 per year.

For other statistical information contact:

Alberta Bureau of Statistics
7th Fl., 9811 - 109 Street
Sir Frederick W. Haultain Building
Edmonton, AB
T5K 0C8
427-3058

Agricultural Prices and Indexes. Farm Input Prices and Retail Food Prices in Edmonton and Calgary
(Monthly)

Available from: Alberta Agriculture
Statistics Branch

Cost: Free

4. PERIODICALS AND NEWSLETTERS

CSA and the Consumer (Quarterly)
CSA Consumer Editor
178 Rexdale Boulevard
Rexdale, ON
M9W 1R3 — Free

Canadian Consumer (Monthly)
Consumers' Association of Canada
49 Auriga Drive
Ottawa, ON
K1G 3T9 — $25.00

Canadian MoneySaver (9 x year)
Canadian Money Saver Inc.
Box 370
Bath, ON
K0H 1G0 — $17.00

Choice (Monthly)
Australian Consumer's Association
57 Carrington Road
Marrickville, N.S.W. 2204
Australia — ($56.00) Australian

Consumer Close-Ups (9 x year)
Consumer Economics & Housing
Van Rensselaer Hall
Cornell University
Ithaca, NY 14853 — $10.00 U.S.

Consumer Reports (Monthly)
Consumers Union
Subscription Department
P.O. Box 5300
Boulder, Colorado
80322 - 3000 — $24.00 U.S.

Consumer Times (Intermittent)
Saskatchewan Consumer and
Commercial Affairs
Box 3000
Regina, SK
S4P 3V7 — Free

Consumers Union News Digest (Bimonthly)
C.U. News Digest
Box 2029
Norwalk, CT 06852 — $48.00 U.S.

FDA Consumer (10 x year)
Superintendent of Documents
U.S. Government Printing Office
Washington, DC 20402 — $15.00

Family Economics Review (Quarterly)
Superintendent of Documents
Government Printing Office
Washington, D.C. 20402 — $6.25

Financial Post Moneywise (Monthly)
Maclean-Hunter
777 Bay Street
Toronto, ON M5G 2C8
Free only as part of subscription to newspaper Financial Post

Gold Book of Used Car Prices (Monthly)
Sanford Evans Communications
1077 St. James Street
Box 6900
Winnipeg, MB
R3C 3B1 $43.00

Journal of Consumer Research (Quarterly)
Journal of Consumer Research
Graduate School of Management
632 TNRB
Brigham Young University
Provo, Utah 84602 ($81.00) U.S.

Lemon-Aid (Quarterly)
APA Consumer Publications
292 St. Joseph Boulevard West
Montreal, PQ
H2V 2N7 $14.00

Money (Monthly)
Money
Box 54429
Boulder, CO 80322-4429 $33.95 U.S.

Penny Power (Bimonthly)
Consumers Union
Box 54832
Boulder, CO 80322 $11.95 U.S.

Protect Yourself (Monthly)
7 Bates Road
Outre Mont, Quebec
H2V 1A6
Text in English $14.00

Sound and Vision (Bimonthly)
Chimo Media Ltd.
250 The Esplanade, 5th Floor
Berkeley Castle
Toronto, ON
M5A 1J2 $10.00

Which (Monthly)
Consumers Association
Castlemead, Gascoyne Way
Hertford, England
SG141LH 39.00 pounds

5. PERIODICAL INDEXES

Consumers' Index to Product Evaluations and Information Sources (Quarterly)

The standard guide to product tests and evaluations. More than 100 magazines are indexed, with information arranged by broad topic headings.

Available from: Consumers' Index
P.O. Box 1808
Ann Arbor, MI
48106

Cost: $188.00 annually

Each issue of Canadian Consumer, Consumer Reports, and Protect Yourself magazines contains a cumulative index to articles and test reports.

Publications such as the Canadian Periodical Index, Canadian Magazine Index, and the Canadian Business Index are also useful for obtaining relevant articles on consumer topics.

6. BUYING GUIDES

A. Comprehensive

Consumers Union. Consumer Reports Buying Guide. Orangeburg, NY: Consumers Union, annual. (ISSN 0010-7174)

The December issue of Consumer Reports magazine is the annual compilation of test reports from the previous year's issues.

Available from: Consumers Union
Cost: $6.95 for guide, or available with subscription to magazine.

B. Specific

Brumberg, Elaine. Save Your Money, Save Your Face: What Every Cosmetics Buyer Needs to Know. New York: Facts on File, 1986. (ISBN 0-8160-1080-3)

This book contains lists of cosmetic ingredients, prices of various brands as well as advice about cosmetics, for novice and experienced users.

Available from: Canadian Manda Group
Cost: $22.45

Bundy, Darcie. Affordable Baby: A Complete Consumer Guide to Costs and Comparisons for Parents-to-Be. New York: Harper & Row, 1985. (ISBN 0-06-0912-63-4)

Everything new parents need to know about the cost of all goods and services from maternity clothing to saving for a college education.

Available from: Fitzhenry & Whiteside
Cost: $11.55

***Canadian Toy Testing Council.** Toy Report. Ottawa: Toy Testing Council, 1990. (ISBN 0-919235-174)

This book reports on in-home tests of most toys on the Canadian market. Listings include age range for the toy, its price and comments. A very useful guide.

Available from: Canadian Toy Testing Council
Cost: $8.95

Consumer Reports. Guide to Appliances. Mount Vernon, NY: Consumer's Union, 1986. (ISBN 0-89043-035-7)

A pre-purchase guide that provides information, ratings and advice about household appliances.

Available from: Consumers Union
Cost: $11.95

Consumer Reports Toy Buying Guide Mount Vernon, N.Y.: Consumers Union, 1988. (ISBN 0-89043-091-8)

Buying guide based on a survey of more than 12,000 households. Rates hundreds of toys based on reports by toy safety experts.

Available from: Consumers Union
Cost: $9.00

Gillis, Jack, and Fise, Mary Ellen R. Childwise Catalog. New York: Pocket Books, 1986. (ISBN 0-671-55410-7)

"A consumer guide to buying the safest and best products for your children."

Available from: Pocket Books of Canada
Cost: $10.45

Jones, Sandy. Guide to Baby Products. 2nd. ed. Mount Vernon: Consumers Union, 1998.

(ISBN 0-89043-331-3-1)

Provides up—to—date buying advice on most required baby products. Includes price guidelines, Consumer's Union recommendations and brand—name ratings.

Available from: Consumers Union
Cost: $11.50

***Mazzurco, Philip.** Exerstyle: The Ultimate Guide to Personal Gym Equipment. Toronto: Totem Books, 1985. (ISBN 0-00-217390-5)

Exerstyle describes free weight and machine exercises for each body part, illustrates personal gym equipment and home gymnasium design, and lists manufacturers and designers.

Available from: William Collins Sons
Cost: $11.95

Things They Might Not Tell You at the Furniture Store. Rev. ed. Damascus, MD: Straight Facts, 1984. (ISBN 0-912165-006)

197 tips that will help buyers avoid costly mistakes in the selection of furniture.

Available from: Straight Facts
Cost: $6.85

Guide to Kitchen Equipment Mount Vernon, N.Y.: Consumers Union, 1986. (ISBN 0-89043-057-8)

Whether you are setting up a new home or supplementing an established kitchen, Guide to Kitchen Equipment will help you buy wisely and with confidence. From the editors of Consumer Reports Books.

Available from: Consumers Union
Cost: $18.00

Consumer Guide magazine also publishes a number of specialty buyer guides. The publication quality however, varies, and many of the guides provide descriptive information rather than critical evaluations.

7. CONSUMER BOOKS AND PAMPHLETS

Advertising

***Alberta Consumer and Corporate Affairs. Mom Buy Me That**. Edmonton: The Department, 1986.

An indispensable parents' guide to children's advertising. A colourful joint workbook for parents and their children aged 5 to 12, the booklet will help parents identify facts and issues concerning children's advertising.

Available from: Alberta Consumer and Corporate Affairs
Box 1616

Cost: Free

Consumer Law

***Batten, Jack and Harris, Marjorie. Everyday Law: A Survival Guide for Canadians**. Toronto: Key Porter, 1987.
(ISBN 1-55013-041-2)

A general reference book to inform Canadians about their rights and responsibilities and to explain how the Canadian legal system works.

Available from: Key Porter
Cost: $16.30

***Canadian Woman's Legal Guide**. Toronto: Doubleday, 1987. (ISBN 0-385-25066-5)

A comprehensive and authoritative book dealing with women's rights in the home, workplace and legal system.

Available from: Doubleday Canada Ltd.

Cost $31.50

***Kronby, Malcolm C. Canadian Family Law**. Rev. ed. Toronto: Stoddart, 1986.
(ISBN 0-7737-5085-1)

This straight-forward guide to Canadian law answers such questions as: What are the rights and obligations arising from "common-law" marriage? Do I need a "legal separation" before divorce? How does joint custody affect the parents and children?

Available from: Stoddart
Cost: $9.95

***Sterk, John. Alberta Conveyancing Law & Practice**. 2nd ed. Toronto: Carswell, 1987.
(ISBN 0-459-39870-9)

Intended as a convenient reference for those dealing with real estate and mortgage transactions on a regular basis. Contains examples of legal forms with instructions for proper completion and execution.

Available from: Carswell Legal Publications

Cost: $56.00

***Student Legal Services of Edmonton.** Consumer Law. (Pamphlet) Edmonton: Student Legal Services, 1990.

Layman's guide to consumer law. Focuses on credit and buying and selling transactions.

Available from: Student Legal Services
Cost: Free

***Zinkhofer, Fred.** Small Claims Court Guide for Alberta. 4th ed. Vancouver: International Self-Counsel Press, 1985. (ISBN 0-88908-288-6)

A guide for Albertans who find themselves in small claims court.

Available from: International Self-Counsel Press
Cost: $7.50

Energy and Conservation

***Canada, Energy Mines and Resources.** Residential Wood Heating, a Homeowner's Guide. Ottawa: The Dept., 1987.
(ISBN 0-662-15415-0).
Information on the different types of wood-heating equipment and how to install and operate this equipment safely.

Available from: Renewable Energy Branch, Energy, Mines and Resources Canada
Cost: Free

***The Canadian Green Consumer Guide.** Toronto: McClelland & Stewart, 1989. (ISBN 0-7710-7162-0)

A discussion in a Canadian context of how each of us, as consumers, can take steps to prevent further harm to our environment.

Available from: McClelland & Stewart
Cost: $14.95

Herbert, Ralph J. Cut Your Electric Bills in Half. Emmaus, PA: Rodale Press, 1989. (ISBN 0-8787-818-8)

Herbert aims to show "consumers how to reduce their consumption of electricity and how to save money without sacrificing their life-style."

Available from: Rodale
Cost: $12.95

Nisson, J.D. Ned & Dutt, Gautam. The Superinsulated Home Book. New York: Wiley, 1985.
(ISBN 0-471-88734-X).

Superinsulation is a method of designing and building houses using innovative methods and products. This resource volume contains pertinent information tested in the field.

Available from: John Wiley
Cost: $25.50

Food and Nutrition

Bender, Arnold E. Health or Hoax? The Truth About Health Foods and Diets. Buffalo: Prometheus Books, 1986. (ISBN 0-87975-318-8)

To help the consumer evaluate claims being made by the diet-aid and health-food industry.

Available from: Prometheus Books
Cost: $16.98

***Johns, Stephanie Bernardo.** The Allergy Guide to Brand-name Foods and Food Additives. Scarborough: NAL, 1988. (ISBN 0-452-26059-0).

This clear and concise reference will help all food-sensitive people make informed decisions and keep tight control on the foods they buy and eat.

Available from: New American Library
Cost: $14.50

Remington, Dennis W. The Bitter Truth About Artificial Sweeteners. Provo, Utah: Vitality House International Inc.

Discusses the problems associated with artificial sweeteners and suggests alternatives, including recipes.

Available from: Vitality House International Inc.
Cost: $13.20

Health and Safety

Bausell, R. Barker. How to Evaluate and Select a Nursing Home. Reading: Addison Wesley, 1988. (ISBN 0-201-07263-7)

This book is designed to assist and direct you through the maze of terms, people and decisions required to evaluate and select a facility.

Available from: Addison-Wesley Publishers Ltd.
Cost: $12.00

***Bohuslawsky, Maria.** End of the Line: Inside Canada's Nursing Homes. Toronto: James Lorimer & Co., 1989. (ISBN 1-55028-290-5)

A picture of nursing homes in Canada which leaves no stones unturned. Many of the elderly suffer neglect and abuse while others profit from these institutions. There are also some who are trying to improve nursing homes, and seek positive alternatives.

Available from: James Lorimer & Co.

Cost: $16.95

Bollier, David and Claybrook, Joan. Freedom from Harm: the Civilizing Influence of Health, Safety and Environmental Regulation. Washington: Public Citizen, 1986. (ISBN 0-937189-31-X)

Discusses the many areas that are protected by U.S. government regulation including food, drugs, agriculture, traffic safety, pollution, occupational health and safety, and consumer product safety.

Available from: Public Citizen
Cost: $12.00 ($10.00 U.S.)

The Columbia University School of Public Health: Complete Guide to Health and Well-Being After 50. New York: Times Book, 1988. (ISBN 0-8129-1325-6)

Learn how to avoid becoming one of the frail elderly, how to cope with losses, how to recognize medical warning signs and what to do about them. Practical guidelines are given on how to alter old habits and form new, healthy ones.

Available from: Random House
Cost: $31.95

***Graedon, Joe and Graedon, Teresa. 50+: The Graedons' People's Pharmacy For Older Adults**. Toronto: Bantam Books, 1988. (ISBN 0-553-33485-4)

Designed for people who are fifty or older, this book is a guide to prescription drugs, side effects and saving money with generics. It also discusses facts on life extension, overcoming anxiety, insomnia and depression, meeting nutritional needs and much more.

Available from: Bantam Books
Cost: $17.95

Jones, J. Alfred and Phillips, Gerald M. Communicating With Your Doctor: Rx for Good Medical Care. Carbondale: Southern Illinois University Press, 1988. (ISBN -0-8093-1367-7)

Learn how to get the best medical care with suggestions on how to select, evaluate and communicate with a doctor.

Available from: Southern Illinois University Press
Cost $22.25

Kepler, Ann and Kepler, James. Children's Medicine. Chicago: Contemporary Books, 1987. (ISBN 0-451-14654-9)

This parent's guide to prescription and over-the-counter drugs offers advice on stocking the medicine cabinet, treating common problems, managing side effects and preventing accidental poisoning.

Available from: Contemporary Books
Cost: $11.95

***Long, James W. The Essential Guide to Prescription Drugs**. 6th ed. Toronto: Fitzhenry & Whiteside, 1989. (ISBN 0-88902-010-8)

This revised edition provides information on the drug class, generic and brand names, benefits and risks and principal uses of many prescription drugs used today.

Available from: Fitzhenry & Whiteside
Cost: $19.00

***Poch, David I. Radiation Alert: A Consumer's Guide to Radiation**. Toronto: Doubleday Canada, 1985. (ISBN 0-385-19029-8)

Home, work and environmental sources of radiation such as watches, cloisonne jewellery, and ceramic tableware are discussed. Relative benefits, risks and precautions are stated for each radioactive source.

Available from: Doubleday Canada
Cost $9.10

***Rosenfeld, Isadore.** **Second Opinion: Your Comprehensive Guide to Treatment Alternatives**. 2nd. ed. Toronto: Bantam Books, 1987. (ISBN 0-553-34478-1)

A completely revised and updated second edition of the book which suggested that getting a second medical opinion on any medical problem or disorder is not only a viable option but also an advisable one.

Available from: Bantam Books
Cost: $13.50

Schwartz, Edward M. **Toys That Kill, Make Sure Your Child is Safe**. New York: Vintage Books, 1986. (ISBN 0-394-74607-4)

Provides guidelines to enable consumers to identify dangerous toys. Includes advice on teaching children to avoid hazardous toys and identifies specific toys that have already resulted in death or injury.

Available from: Random House
Cost: $9.95

***Tester, Arthur V.** **Emergency Aid: Children and Household Materials**. Calgary: Detselig Enterprises Limited, 1984. (ISBN 0-920490-42-5)

Provides information about what to do when a child has become involved with a potentially dangerous household substance - such as antacids, bleaching solutions, alcohol, fabric softener, house plants, polish, spot remover, window cleaners and many more.

Available from: Detselig Enterprises Limited.
Cost: $7.95

Wolfe, Sidney M. **Worst Pills, Best Pills: The Older Adult's Guide to Avoiding Drug-Induced Death or Illness.** Washington, Public Citizen Research Group, 1988. (ISBN 0-93718851-4)

Discusses, with actual examples, the dangers related to the use of prescription drugs by older adults.

Available from: Pantheon Books
Cost: $16.95

Home-Based Business

***Alberta Economic Development and Trade. Small Business Division.** **Small Business Series**. Edmonton: Alberta Economic Development and Trade, 1987.

A series of nine booklets: Starting a Small Business; Financing a Small Business; Operating a Small Retail Business; Operating a Small Manufacturing Business; Operating a Small Service Business; Selecting a Small Business Computer System; Bookkeeping in a Small Business; Operating a Small Construction Business.

Available from: Alberta Economic Development and Trade, Small Business Division
Cost: Free

*Cooke, Ronald J. How to Make Big Money at Home. Montreal: Eden Press, 1986. (ISBN 0-920792-68-5)

Discusses small business ventures: how they get started, gives over fifty suggestions of what kind of things to do, and finally concludes with some important business considerations.

Available from: Eden Press
Cost: $9.95

*Harris, Catherine. Cash From Your Kitchen. Toronto: Macmillan of Canada, 1984. (ISBN 0-7715-9790-8)

A guide to setting up a catering business in your home.

Available from: Macmillan of Canada
Cost: $14.95

*Hynes, William G. Start and Run a Profitable Craft Business: A Complete Step-by-Step Business Plan. 2nd ed. Vancouver: Self-Counsel Press, 1986. (ISBN 0-88908-644-3)

This book provides step-by-step instructions for setting up and operating a successful craft business.

Available from: International Self-Counsel Press
Cost: $10.95

*Ontario. Ministry of Municipal Affairs. Research and Special Projects Branch. Home Occupations. Toronto: Ministry of Municipal Affairs, 1987. (ISBN 0-7729-2382-6)

Addresses home-based businesses from a planning and regulatory perspective, with an emphasis on Ontario.

Available from: Ontario Government Bookstore
Cost: $5.00

Household Hints

*Arnett, Janet. 673 Ways to Save Money. Markham, ON: Fitzhenry & Whiteside, 1987. (ISBN 0-88902-975-X)

This book is a blueprint for cutting costs by several thousand dollars.

Available from: Fitzhenry & Whiteside
Cost: $9.50

Aslett, Don. How do I clean the Moosehead? and 99 More Tough Questions About Housecleaning. New York: New American Library, 1989. (ISBN 0-452-26297-6)

One hundred interesting short chapters on difficult housecleaning.

Available from: New American Library
Cost: $9.95

Birnes, Nancy H. Cheaper and Better: Homemade Alternatives to Store Bought Goods. New York: Harper & Row, 1987. (ISBN 0-06-096057-4)

Lists homemade recipes, with known, safe and familiar ingredients for a multitude of items including: sweets; beverages; food; liqueurs; cleaners; gardens; children's play; decorating and cosmetics. An interesting, guide for all self-sufficient consumers.

Available from: Fitzhenry & Whiteside
Cost: $17.95

Campbell, Jeff. Speed Cleaning. New York: Dell Pub., 1987. (ISBN 0-440-58015-3)

Time consuming household activities have been analyzed, and a process devised to quickly clean the house.

Available from: Dell Publishing
Cost: $7.95

Campbell, Jeff. Spring Cleaning. New York: Dell Trade Paper Work, 1989. (ISBN 0-440-50162-8)

Jeff Campbell and the Clean Team show you how to save time when attacking those major house-cleaning jobs. Talks about washing windows, stripping wax build—up, waxing and sealing floors so they look great, deep—cleaning carpets and finding and using the right tools.

Available from: Dell Trade Paper Work
Cost: $7.95

Florman, Monte. How to Clean Practically Anything. Rev. ed. Mount Vernon, N.Y.: Consumers Union of U.S. 1989. (ISBN 0-89043-284-8)

Explains the most efficient, cost- effective and practical ways to clean all kinds of household and personal items.

Available from: Consumer Reports Books
Cost: $11.50

Fulton, Alice and Hatch, Pauline. It's Here...Somewhere! Cincinnati, Ohio: Writer's Digest Books, 1985. (ISBN 0-89879-1863)

A practical handbook which provides once and for all solutions to clutter, space, and organization problems. Attacks problems room by room, discusses storing seasonal items, what to keep and what to throw away.

Available from: Writer's Digest Books
Cost: $13.95

***Groberman, Jeff and Yardley, Colin.** The Complete Garage Sale Book. Toronto: General Publishing Paperbacks, 1987. (ISBN 0-7736-7131-5)

All the necessary steps to a successful garage sale are now at your fingertips. How to advertise, make your signs, price and lay out your items for display, handle cash and keep accounts, and even how to organize a neighbourhood garage sale.

Available from: General Publishing Paperbacks.
Cost: $5.95

The Household Chartalog: 100 Charts of Kitchen Tips, Equivalents, Cleaning Hints...and Much Much More. New York: Collier Books, 1989. (ISBN 0-02-038101-8)

A compendium of critical facts that often seem to elude us related to the kitchen, entertaining, health and nutrition, first aid and safety, home and car care, the garden, travel and other essentials of day—to—day living.

Available from: Collier Books
Cost: $10.95

*Mitchell, Harris. **You Wanted to Know: Simple, Practical Answers to More Than 1,200 Common Household Problems**. Rep. ed. Don Mills, Ont.: General, 1989. (ISBN 0-7737-5306-0)

A complete guide to money—saving do—it—yourself home maintenance and repair. Includes everything from attic insulation to restoring shrunken wool.

Available from: General
Cost: $9.95

Moore, Terry. Toothpaste and Peanut Butter, A How-To Collection of Household Hints. Surrey: Hancock House, 1987. (ISBN 0-88839-207-9)

Terry Moore, an open-line broadcaster, has compiled a book of household hints taken from years of experience hosting "Problem Corners".

Available from: Hancock House Publishers
Cost: $9.95

Rodale's Book of Shortcuts: Advice, Tips and Techniques. Emmaus, PA: Rodale Press, 1988. (ISBN 0-87857-720-3)

Making the most of medical visits, planning a healthy diet, getting results when you've got a complaint and other facts of life are covered in this book to enable you to accomplish your daily tasks quickly and efficiently.

Available from: Rodale Press
Cost: $21.95

Rodale's Complete Home Products Manual: the best guide for using and maintaining your appliances, tools, furnishings and more! Emmaus, PA: Rodale Press, 1989. (ISBN 0-87857-798-X)

Detailed manual which shows you how to get the best out of home furnishings by being able to maintain and repair them yourself. Includes eighty—four household items.

Available from: Rodale Press
Cost: $14.85

Housing and Real Estate

Brangham, Suzanne. Housewise: The Smart Woman's Guide to Buying and Renovating Real Estate for Profit. New York: Potter, 1987. (ISBN 0-517-56003-8)

Included, is solid, practical information on how to purchase the right residential property and increase its comfort and resale value by doing quality renovations.

Available from: Potter Publications
Cost $28.00

*Costello, Brian. **Making Money From Your Mortgage**. Toronto: Random House, 1987. (ISBN 0-394-22089-7)

Discusses tax reform, amortization, mortgages and RRSP's, choosing a mortgage, and tax—deductible mortgages.

Available from: Random House
Cost: $12.95

*Goldenberg, David M. **Mortgages and Foreclosure: Know Your Rights**. 5th ed. Vancouver: International Self-Counsel Press, 1989. (ISBN 0-88908-853-5)

What are the rules about prepaying a mortgage? How easy is it to renew a mortgage? What will the bank do if I can't pay? Can my house be sold without my permission? An Alberta lawyer answers these and other questions.

Available from: International Self-Counsel Press
Cost: $7.60

*Harasim, Mary. **Landlord/Tenant Rights in Alberta**. 5th ed. Vancouver: International Self-Counsel Press, 1986. (ISBN 0-88908-241-3)

This essential guide to the Landlord and Tenant Act (1979 and amendments to 1984) "is designed to acquaint both the landlord and the tenant with a working knowledge of the law regarding the landlord-tenant relationship."

Available from: International Self-Counsel Press
Cost: $6.95

Heldmann, Carl. **Be Your Own House Contractor**. Pownal VT: Storey Communications, 1986. (ISBN 0-88266-410-7)

By being your own house contractor, savings up to 25% can be attained. This book explains each step in non-technical language.

Available from: Harrowsmith Books
Cost: $12.95

Home Improvement Cost Guide. Mount Vernon: Consumers Union, 1987. (ISBN 0-89043-147-7)

Covers dozens of home projects explaining what you should know before you attempt the work yourself or hire a contractor.

Available from: Consumers Union
Cost: $18.00

Lafavore, Michael. **Radon: The Invisible Threat, What It Is, Where It Is, How to Keep Your House Safe**. Emmaus, PA: Rodale Press, 1987. (ISBN 0-87857-712-2)

Radon is a radioactive gas that rises to the surface of the earth and can infiltrate homes. The author states that many areas of North America have this problem and he presents solutions to make your home safer.

Available from: Fitzhenry & Whiteside
Cost: $12.00

*Manning, Helen. **Selling Your Own Home: A Step-By-Step Guide.** Toronto: Summerhill Press, 1989. (ISBN 0-920197-84-1)

Shows you how to save thousands of dollars by becoming your own real estate agent.

Available from: University of Toronto Press
Cost: $9.95

*McNeill, Patricia. **Landlording in Canada, A Practical Business and Legal Guide**. Vancouver: International Self-Counsel Press, 1987. (ISBN 0-88908-668-0)

Is it legal to restrict rental to adults only? How can one select good tenants? What kind of financial records are necessary? These and many other concerns of landlords are discussed.

Available from: International Self-Counsel Press

Cost: $13.45

*Oddy, Russell. **For Sale By Owner: Sell Your Own Home and Save Thousands**. 3rd ed. Vancouver: International Self-Counsel Press, 1987. (ISBN 0-88908-645-1)

Selling real estate can be rather complex, therefore the purpose of this book is not to create a real estate expert, but to explain what a consumer can do to succeed in selling their own home. Includes sample forms and agreements.

Available from: International Self-Counsel Press

Cost: $6.25

*Pocock, David E. **Complete Guide to Being Your Own Home Contractor**. Vancouver: International Self-Counsel Press, 1984. (ISBN 0-88908-592-7)

Instructions are given for every phase of managing house construction, from the planning stage to the last finishing touches including: financing, planning, managing, scheduling, supervising and subcontracting.

Available from: International Self-Counsel Press

Cost: $18.45

Prosser, Larry. **For Rent By Owner**. New York: Watts, 1987. (ISBN 0-531-15526-9)

Explains the benefits of self-managing your property and cites in a step-by-step format all you require to be an effective and hassle-free property manager. (American legislation)

Available from: Franklin Watts

Cost: $17.95

*Romank, Lorraine. **Ownership Retirement Housing Projects in Alberta**. Edmonton: Municipal Affairs, 1987. (ISBN 0-88654-180-8)

A study of the development of a new housing concept in Alberta- the ownership retirement village. Identifies the needs, expectations and preferences of the mature market.

Available from: Alberta Municipal Affairs

Cost: Free

*Silverstein, Alan. **Alan Silverstein's Home Buying Strategies For Resale Homes**. Rep. ed. Toronto: Stoddart. 1989. (ISBN 0-7737-5325-7)

If you are considering buying a home for the first time or trading in your present home, this book is for you. Discusses where to look, how to determine how much you can afford, making offers, finding real estate agents and how to look for hidden costs.

Available from: Stoddart

Cost: $14.95

*Silverstein, Alan. The Perfect Mortgage: Your Key to the Cost of Home Ownership. Toronto: Stoddart Publishing Co., 1989. (ISBN 0-7737-5276-5)

How to shop for and choose the mortgage that is right for you.

Available from: Stoddart
Cost: $9.95

*Steacy, Richard. Canadian Real Estate. 7th ed. Don Mills: Musson Publishing, 1987. (ISBN 0-7737-2114-2)

A wealth of information for buyers, sellers, professionals and consumers. Includes discussions on: mortgages, leasing, lawyers' services, and buying a hotel, cottage or farm.

Available from: Stoddart
Cost: $26.95

*Stewart, George C. Real Estate Buying/Selling Guide for Alberta. Vancouver: International Self-Counsel Press, 1985. (ISBN 0-88908-238-3)

Includes practical information on mortgages, land transactions and government assistance. Sample forms for use in residential real estate transactions are included.

Available from: International Self-Counsel Press
Cost: $7.95

Thomett, Michael C. How to Buy a House, Condo or Co-op. New York: Consumers Union, 1987. (ISBN 0-89043-040-3)

Basic strategies and advice for evaluating, financing and purchasing a home.

Available from: Consumers Union
Cost $12.00

*Turner, Garth. Garth Turner's 1987-88 Canadian Real Estate Guide. Don Mills: Collier Macmillan, 1987. (ISBN 0-920197-38-8)

A practical real estate investment guide containing techniques and advice on buying and selling--at the right time.

Available from: Summerhill Press
Cost: $11.95

*Weiss, Gary. Small Investor's Guide to Making Money in Canadian Real Estate. Toronto: Stoddart, 1987. (ISBN 0-7737-5110-6)

A guide for the real estate investor. Discusses the rewards and pitfalls of Canadian real estate investments.

Available from: Stoddart
Cost: $12.95

Insurance

*Insurance Pages: Who Writes What in Property/Casualty Insurance in Canada Toronto: Colander, 1988. (ISBN 0-9691197-7-1)

This marketing directory lists companies that may be willing to insure unusual or "difficult to place" risks or classes of business.

Available from: Colander
Cost: $15.00

•McLeod, William E. The Canadian Buyer's Guide to Life Insurance. Scarborough: Prentice-Hall, 1988.
(ISBN 0-13-113398-8)

Choose the right policy for your needs at the best price. Examines term, whole life, mortgage and credit card insurance, riders, waivers, RRSPs, RESPs, sales practices and group plans.

Available from: Prentice-Hall
Cost: $13.50

•McLeod, William E. The Canadian Buyer's Guide to Life Insurance. 7th ed. Scarborough: Prentice-Hall, 1989.

The latest information on the different types of Canadian life insurance.

Available from: Prentice-Hall Canada Inc.
Cost: $8.87

Two sources of free and inexpensive Canadian insurance materials are:

Insurance Bureau of Canada
#1105 - 10080 Jasper Avenue
Edmonton, AB
T5J 1V9
423-2212
Toll free: 1-800-232-7275

Canadian Life & Health Insurance Association Inc.
20 Queen St. W., #2500
Toronto, ON
M5H 3S2
(416) 977-2221
Toll Free: 1-800-268-8099

Investments and Taxation

•Alberta Consumer and Corporate Affairs. 2000 A.D.: A Guide to Financial Awareness. Rev. ed. Edmonton: The Department, 1986.

This easy-to-read booklet provides helpful information on financial planning, creating savings, investment alternatives and putting money to work to earn a profit.

Available from: Alberta Consumer and Corporate Affairs
Box 1616
Cost: Free

•Beach, W., and Hepburn, L. Are You Paying Too Much Tax? Toronto: McGraw-Hill Ryerson, 1987.
(ISBN 0-07-548428-0)

Guidelines on reducing income taxes. Includes a section on dealing with the tax department.

Available from: McGraw-Hill Ryerson
Cost: $12.95

•Brown, J.J., and Ackerman, Jerry. The New Start With $1000: Do-It-Yourself Investment Strategies. Rev. ed
Toronto: Macmillan, 1987.
(ISBN 0-7715-9619-7)

If you feel that your salary is slipping further behind inflation everyday, this is a book for you. Topics include how to set your money to work immediately, how to find and interpret financial information, and how to build a portfolio.

Available from: Canada Publishing
Cost: $14.95

*Chakrapani, Chuck. **Best Ways to Make Money: An Investment Handbook for 1987**. Rev. ed. Vancouver: International Self-Counsel Press, 1988. (ISBN 0-88908-677-X)

According to the author, Canada is a good place to invest. Contains information about investments available to Canadians such as savings accounts, term deposits, stripped bonds, common stocks, preferred shares, convertible bonds, and gold and silver investments.

Available from: International Self-Counsel Press
Cost: $5.95

*Chilton, David. **The Wealthy Barber, The Common Sense Guide to Successful Financial Planning**. Kitchener: Financial Awareness Corp., 1989. (ISBN 0-9693557-0)

Simple concepts, common sense and an insight into human nature creates a set of practical guidelines that will benefit all Canadians between twenty and forty-five.

Available from: Financial Awareness Corp.
Cost: $13.95

*Coltman, Michael M. **Franchising in Canada: Pros and Cons**. Vancouver: International Self-Counsel Press, 1987. (ISBN 0-88908-667-2)

Before buying, an entrepreneur needs to be aware of the legal aspects, financial commitment and practicalities of franchising in today's market.

Available from: International Self-Counsel Press
Cost: $6.95

*Costello, Brian. **Making Money From Your Mortgage**. Toronto: Random House, 1987. (ISBN 0-394-22022-6)

Strategies and extensive explanations that will help the home buyer.

Available from: Random House
Cost: $19.95

*Delaney, Tom. **Delaney Report on RRSP's**. Toronto: McGraw-Hill Ryerson, 1987.

(ISBN 0-07-54963-5)

Annual report on Canadian tax shelters and retirement plans.

Available from: McGraw-Hill Ryerson
Cost: $12.95

*DeThomasis, Tony. **Tax Investment, and Retirement Strategies: Achieving Financial Success at All Ages**. Bath, ON: Canadian MoneySaver, 1987.

The author compares various strategies available to achieve financial success.

Available from: Canadian Money Saver Inc.
Cost: $10.00

*DeMont, John and LeMay, Tracy. **Financial Post Guide to Mutual Funds**. Toronto: Random House, 1988. (ISBN 0-394-22066-8)

If you are interested in investing in mutual funds but can't tell an open from a closed end fund, this book is for you. It examines the various types of funds, and assesses their potential as RRSP investments.

Available from: Random House
Cost: $8.95

Dunnan, Nancy. Dun & Bradstreet's Guide To Your Investments. New York: Harper & Row, annual. (ISSN 73-18050)

This is a standard source book for both investment adviser and the individual investor. Though American, it is still the best all-around guide to investing.

Available: Fitzhenry & Whiteside
Cost: $24.50

Foster, Dennis L. Franchising For Free: Owning Your Own Business Without Investing Your Own Cash. New York: Wiley, 1988. (ISBN 0-471-625558)

Shows you how to obtain financing to start your franchise business and guides you through steps to achieve a successful franchise.

Available from: John Wiley and Sons
Cost: $18.95

***Goldenberg, David M.** Incorporation and Business Guide for Alberta. 8th. ed. Vancouver: International Self-Counsel Press, 1988. (ISBN 0-8908-247-2)

This guide to forming your own corporation also outlines tax advantages to incorporating, steps in registering the company in another province, and overcoming government red tape.

Available from: International Self-Counsel Press
Cost: $15.00

***Grenby, Mike.** Mike Grenby's Tax Tips. 10th ed. Vancouver: International Self-Counsel Press, 1988. (ISBN 0-88908-851-9)

More than 180 tax-saving tips, plus some handy forms, can help ease you through the Canadian tax maze.

Available from: International Self-Counsel Press
Cost: $7.95

***Guide to Making Money: How to do it Yourself.** 2nd ed. Bath, Ontario: Canadian MoneySaver, 1987. (ISBN 0-920937-02-0)

A step-by-step money management program with information on taxation and investments, starting a home-based business and consumer laws.

Available from: Canadian Money Saver Inc.
Cost: $10.00

***Jacks, Evelyn.** Jacks on Tax Savings. Toronto: McGraw-Hill Ryerson, 1989. (ISBN 0-07-549714X)

Evelyn Jacks--tax columnist, editor, television producer/host, and business education instructor--explains complicated tax laws in an easy, non-technical manner.

Available from: Renouf Publishing
Cost: $15.45

*Kalymon, Basil A. Global Innovation: the Impact on Canada's Financial Markets. Toronto: John Wiley and Sons Canada, 1989. (ISBN 0-471-79568-2)

Discussion of the effects of world trends on canadian financial markets.

Available from: John Wiley and Sons Canada
Cost: $41.46

*Kelman, Steven G. and Friedland, Seymour. Investment Strategies, How to Create Your Own and Make It Work for You. Toronto: Financial Times, 1988. (ISBN 0-14- 010606-5)

This primer for the beginning investor, covers all the issues involved in putting together an investment strategy — savings, risk, taxes and the benefits of diversifying.

Available from: Financial Times of Canada
Cost: $9.95

*Kelman, Steven G. RRSPs 1989: Everything You Need to Know. Toronto: Financial Times of Canada, 1989. (ISSN 0832-0659)

A straightforward, no nonsense guide to retirement savings strategies.

Available from: Financial Times of Canada
Cost: $9.95

*Kelman, Steven G. Understanding Mutual Funds, Your No Nonsense Everyday Guide. Toronto: Financial Times, 1988. (ISBN 0-14-010-605-7)

Detailed information on mutual funds will help you to understand the fund business and make wise buying decisions.

Available from: Financial Times of Canada
Cost: $9.95

*Louis, David. RRSP Strategies '87. Willowdale: Hume Publishing, 1987. (ISBN 0-919255-15-9).

This book explains what a registered retirement savings plan can do for you. It explains the rules, the different types of RRSPs available and how to choose the right one for yourself.

Available from: Hume Publishing
Cost: $36.50

*McLeod, William E. Tax Shelters: Choose with Care! 12th ed. Vancouver: International Self-Counsel Press, 1987. (ISBN 0-88908-651-6)

A valuable book to anyone planning a personal tax strategy.

Available from: International Self-Counsel Press
Cost: $6.65

*Pape, Gordon. Low-Risk Investing. Scarborough: Prentice-Hall, 1989. (ISBN 0-13-541293-5)

A definitive Canadian guide to personal financial success for the conservative investor.

Available from: Prentice-Hall
Cost: $15.95

*Pipes, Sally and Walker, Michael. Tax Facts 6, The Canadian Consumer Tax Index and You. Vancouver: Fraser Institute, 1988.
(ISBN 0-88975-120-X)

A detailed province-by-province analysis of the total direct and hidden tax bill. Enables Canadians to measure changes in the price we pay for government.

Available from: Fraser Institute
Cost: $12.95

*Ryce, Victoria M. Market Wise: Your Personal Investment Program. Toronto: Stoddart, 1988. (ISBN 0-7737-5143-2).

Information you need to benefit from investing is here in manageable, bite-size pieces.

Available from: Stoddart
Cost: $18.95

*Sievers, Marc. Investing Successfully in Canadian Mutual Funds. Toronto: Stoddart, 1988. (ISBN 0-7737-5194-7).

An all-purpose guide that will help everyone, including the beginning investor, obtain a greater return on their investment.

Available from: Stoddart
Cost: $14.95

*Sranko, George R. How to Make Money Trading Stocks and Commodities. Victoria: Quantum Communications, 1987.
(ISBN 0-921110-00-6)

The goal of this book is to introduce strategy and methods of selecting the most profitable trades. Details entry and exit techniques and shows how to minimize risk and maximize profits.

Available from: Quantum Communications
Cost: $16.95

*Tax Reform '87: Your Guide for Personal and Business Planning. Toronto: Key Porter, 1987. (ISBN 1-55013-034-X)

A straightforward discussion of how tax reform affects you, your family and your business.

Available from: Key Porter
Cost: $6.95

*Through the Mutual Funds Maze. Toronto: Grosvenor House, 1988.
(ISBN 0-919959-37-7)

Answers many questions about mutual funds; how they work; how to develop an investment plan to meet your objectives, and how to select the best fund for you.

Available from: Grosvenor House
Cost: $12.95

*Tremayne, Sydney. Taking the Guessing Out of Investing. Scarborough: Prentice-Hall, 1987. (ISBN 0-13-882630-7)

A guide to increasing investment earnings by recognizing when to buy and sell stocks to make a profit.

Available from: Prentice-Hall
Cost: $14.95

*Zimmer, Henry B. The 1988/89 Canadian Tax and Investment Guide. Edmonton: Hurtig, 1988. (ISBN 0-88830-333-5)

An overview of tax reforms with suggestions for new planning techniques to reduce the tax bite.

Available from: Hurtig
Cost: $16.95

Money Management

*Alberta Consumer and Corporate Affairs. Taking Charge of Your Money. Rev. ed Edmonton: The Department, 1989.

Poor money management leads to paying more, doing without, and falling behind. Managing money is a skill everyone can learn. Taking Charge gets you started.

Available from: Alberta Consumer and Corporate Affairs
Cost: Free

Breitbard, Stanley H. The Price Waterhouse Book of Personal Financial Planning. New York: Henry Holt, 1987. (ISBN 0-8050-0387-8).

The Price Waterhouse approach to lifetime financial planning is not only a way to manage money; it is a way to think about money. The approach is based on: what do you have? What do you want? And how to get it.

Available from: Henry Holt and Company
Cost: $30.00

*Brown, Kathleen H. Personal Finance For Canadians. 3rd. ed. Scarborough: Prentice-Hall, 1988. (ISBN 0-13-656679-0)

Personal Finance For Canadians provides the basics of personal financial management. Part one, Financial Planning, shows how to assess goals, budget and plan income tax strategies. Part two, Financial Security, provides information on investments, possible risk and insurance. Part three covers all aspects of credit.

Available from: Prentice-Hall
Cost: $23.40

*Canada Consumer and Corporate Affairs. Are You Heading for Consumer Bankruptcy?. Ottawa: Consumer and Corporate Affairs, 1987. (ISBN 0-662-55737-9)

This booklet helps determine whether you have debt problems and whether you are headed for consumer bankruptcy. It provides guidelines for resolving financial difficulties and avoiding them in the future.

Available from: Canada Consumer and Corporate Affairs
Cost: Free

*Cohen, Dian. Money. Scarborough: Prentice-Hall, 1987. (ISBN 0-13-599820-4).

In her informative new book Money, Dian Cohen shows how to develop personal money management strategies that work in today's economic climate.

Available from: Prentice-Hall
Cost: $21.65

*Cote, Jean-Marc, and Day, Donald. Personal Financial Planning in Canada. Toronto: Allyn and Bacon, 1987. (ISBN 0-205-10539-4)

Each chapter outlines learning objectives designed to help you manage your financial resources through the various stages of your life.

Available from: Allyn and Bacon
Cost: $23.25

Cut Your Bills in Half: Thousands of Tips to Save Thousands of Dollars. Emmaus, Penn: Rodale Press, 1989. (ISBN 0-87857-818-8)

How to cut your costs on food, clothing, transportation, furniture, home, education, travel and much more.

Available from: Sidall and Associates
Cost: $24.74

*Drache, Arthur. Dollars & Sense: The Complete Financial Planning Guide. Toronto: Grosvenor House, 1987. (ISBN 0-919959-31-8)

By following this plan you will have a better financial situation both in the short and long term. Everyone does financial planning but this book helps you do it well.

Available from: University of Toronto Press
Cost: $12.95

*Drache, Arthur B.C. and Schneider, Susan Weidman. Head and Heart: Financial Strategies For Smart Women. Toronto: Macmillan of Canada, 1987. (ISBN 0-7715-9517-4)

Helps women make wise financial and personal decisions which will affect their lives now and in the future.

Available from: Macmillan
Cost: $15.60

*Financial Post Moneywise (Game). Toronto: Financial Post, 1988

An entertaining and educational game about personal finance. For two to four players, ages fourteen and up.

Available from: Moneywise, The Game
Cost: $29.95

*Forman, Norm. Mind Over Money: How to Banish Your Financial Headaches and Achieve Moneysanity. Toronto: Doubleday, 1987. (ISBN 0-385-25104-1)

How to handle your monetary life with increased effectiveness, by removing psychological hangups about money.

Available from: Doubleday Canada Inc.
Cost: $14.00

*Gibson, Nancy. Separation and Divorce: A Canadian Woman's Survival Guide. Edmonton: Hurtig, 1986. (ISBN 0-8830-306-8).

Two useful chapters dealing with finance and the law, provide concrete information for planning career and financial management.

Available from: Hurtig
Cost: $15.70

•**Goheen, Duncan S.** **Planning For Financial Independence: Choose Your Lifestyle, Secure Your Future**. Vancouver: Self-Counsel Press, 1988. (ISBN 0-88908-672-9).

Financial independence is the result of good planning and a sound program of capital accumulation. Using tools of investment and savings, you can develop the expertise to make long-term financial plans to achieve a higher standard of living.

Available from: International Self-Counsel Press
Cost: $11.95

Lewin, Elizabeth S. **Financial Fitness Through Divorce**. New York: Facts on File, 1987. (ISBN 0-87196-265-9)

A formula for facing the financial realities of divorce. Along with practical advice, the book contains sample plans and worksheets.

Available from: Facts on File
Cost: $14.95

•**MacInnis, Lyman.** **Get Smart!: Make Your Money Count**. Scarborough, Ont.: Prentice—Hall Canada, 1989. (ISBN 0-13-355942-4)

How to handle personal financial planning, income tax and the stock market.

Available from: Prentice—Hall Canada Inc.
Cost: $22.95

Mrtvicka, Edward F. **The Bank Book**. New York, Harper & Row, 1989. (ISBN 0-06-096332-8)

Argues that your bank is "your financial enemy." Discusses credit, mortgages and savings.

Available from: Harper & Collins Books of Canada
Cost: $9.56

•**Pape, Gordon.** **Building Wealth: Achieving Your Financial Goals**. Scarborough: Prentice-Hall, 1988. (ISBN 0-13-154295-8)

With self discipline, you can build wealth through mutual funds, stocks and bonds, RRSPs and real estate. The commitment to learn how to invest properly will help you achieve your goals.

Available from: Prentice-Hall
Cost: $14.95

•**Parker, Alan.** **Credit, Debt and Bankruptcy Handbook**. 7th. ed. Vancouver: Self-Counsel Press, 1988. (ISBN 0-88908-681-8).

This book describes in detail, the credit industry, debt and credit law, and successful remedies for getting out of debt.

Available from: International Self-Counsel Press
Cost: $7.95

*Perrin, Timothy. Short—Changed: Victims of the Canadian Financial Crisis.. Saskatoon, Sask.: Western Producer Prairie Books, 1989. (ISBN 0-88833-278-5)

Discusses the changes in the financial industry in the 1980's which brought down over two dozen financial institutions like the Principal Group. With these failures went the savings of many Canadians. This book discusses what happened.,

Available from: Western Producer Prairie Books
Cost: $24.95

Peterson, Jean Ross. It Doesn't Grow on Trees. Whitehall: Betterway, 1988. (ISBN 0-932620-965)

Teaches children how to have a healthy attitude towards money and put it into daily practice in order to be successful when faced with choices in adult life.

Available from: Raincoast Books
Cost: $12.00

Thomsett, Michael C. Homeowners Money Management. Emmaus, PA: Rodale Press, 1987. (ISBN 0-87857-674-6)

A guide to financial planning for homeowners who view their homes as the foundation of their personal wealth.

Available from: Rodale Press
Cost: $13.00

*Touche Ross Canadian Guide to Personal Financial Management. 3rd. ed. Scarborough: Prentice-Hall Canada, 1987. (ISBN 0-13-925579-6)

By following the instructions and using the forms in this comprehensive step-by-step planner you will develop a financial plan to make your goals more attainable and your future more secure.

Available from: Prentice-Hall Canada
Cost: $15.95

*Touche Ross Canadian Guide to Personal Financial Management. 4th. ed. Scarborough Ont.: Prentice-Hall Canada, 1989. (ISBN 0-13-923046-7)

Canada's most comprehensive and straight—forward guide to money management. Workbook format includes thirty different forms which will become your financial plan. In short, this guide will show you how to achieve your financial goals.

Available from: Prentice-Hall Canada
Cost: $15.95

*Turner, Garth. Garth Turner's Survival Guide: Personal Financial Planning for Canadians. Toronto: Summerhill Press, 1988. (ISBN 0-920197-48-5)

In this book, you'll learn how to turn your financial situation around by investing in debt, borrowing smart, by working hard and consuming less.

Available from: Summerhill Press Ltd.
Cost: $13.50

Wald, Mary S and Severn, Alan K. Controlling Your Money Step by Step, a Workbook. Radnor: Chilton Book, 1987. (ISBN 0-8019-7807-6).

This workbook suggests steps to take and questions to ask before making financial decisions. Worksheets cover a variety of topics including automobile purchasing, insurance and investments.

Available from: Chilton Book Co.
Cost: $16.75

***Weiner, Andrew.** Financial Post Moneywise Dictionary of Personal Finance. Toronto: Random House, 1987. (ISBN 0-394-22007-2)

Includes definitions for terms used in budgeting, real estate, financial services, investments and insurance.

Available from: Random House
Cost: $12.40

***Wylie, Betty Jane, and MacFarlane.** Everywoman's Money Book. Rev. ed. Toronto: Key Porter, 1989. (ISBN 1-55013-142-7)

Considered to be the single best source of financial advice for women, it now has been revised to include tax reform, and changes to pension and family law. Its new emphasis is on the working woman.

Available from: Key Porter Books
Cost: $16.95

Retirement

***Alberta Senior Citizen's Secretariat.** Programs for Seniors. Edmonton: The Department, annual.

Among the services listed are: general information, retirement income, leisure opportunities, learning opportunities and legal services.

Available from: Senior Citizen's Secretariat
Cost: Free

***Bray, Arthur.** Financial Planning for Early Retirement. Don Mills, Ont.: CCH, 1989. (ISBN 0-88-796-505-9)

Provides detailed information on planning for retirement, particularly early retirement. The emphasis lies with the importance of proper planning for the individual.

Available from: CCH
Cost: $8.64

***Drabek, Jan.** The Golden Revolution: Retirement Styles for the 1990's. Toronto: Macmillan, 1989. (ISBN 0-7715-9203-5)

Today's senior population need to start planning retirement by making choices about when to retire, where to live, what to do and how to finance it all.

Available from: Macmillan of Canada
Cost: $17.95

*Hesse, Jurgen. Mobile Retirement Handbook: A Complete Guide to Living and Travelling in an RV. Vancouver: Self–Counsel Press, 1988. (ISBN 0-88908-691-5)

What to consider when planning RV travel including costs, destinations, how to travel in an RV, taking care of your home and affairs while you are away, and as safety and camping tips while on the road.

Available from: International Self–Counsel Press
Cost: $9.95

*Hunnisett, Henry. Retirement Guide for Canadians: An Overall Plan for a Comfortable Future. 9th ed. Vancouver: International Self-Counsel Press, 1986. (ISBN 0-88908-680-X)

Want to know more about retirement? A good introduction to the topic, this book shows how to plan now for a comfortable future.

Available from: International Self-Counsel Press
Cost: $9.95

*Lawson, James A. Canadian Retirement Planner. Toronto: Bessborough, 1987.

Practical information and suggestions to help you plan your retirement. Contains worksheets to enable you to establish goals, evaluate current financial status and plan retirement income and expenses.

Available: Canadian MoneySaver
Cost: $22.95

*Longhurst, Patrick and Earle, Rose Marie. Looking After the Future: An Up-to-Date Guide to Pension Planning. Toronto: Doubleday Canada, 1987. (ISBN 0-385-25070-3)

Designed to help readers assess their financial planning for retirement by first determining resources and then judging whether the resources are adequate for retirement needs.

Available from: Doubleday Canada
Cost: $12.95

*Polson, Kirk and Breh, George. Retire Right: How to Manage Your Money and Achieve Financial Freedom. Markham, Ont.: Penguin Books, 1989.

(ISBN 0-14-012300-8)

One of the Financial Times Personal Finance Library series, which discusses RRIFS, annuities and pensions.

Available from: Penguin Books Canada Ltd.
Cost: $12.95

Smith, Wesley J. The Senior Citizen's Handbook. Los Angeles: Price Stern Sloan, 1989. (ISBN 0-89586-795-8)

Considers the issues facing todays senior citizen including health, financial security, stretching the consumer's dollar and making an active contribution to society. It provides details on how to live comfortably.

Available from: Price Stern Sloan Inc.
Cost: $14.02

Transportation

*Autopinion. Ottawa: Canadian Automobile Assoc., annual.
(ISSN 0836-1630)

A handy buyer's guide to new and used vehicles. Includes information on: automobile insurance and leasing; vehicle safety recalls; fuel consumption ratings; and the annual used car performance award.

Available from: Alberta Motor Association
Cost: $4.95

*Edmonston, Phil. Lemon-Aid New Car Guide. Toronto: Stoddart, 1989.
(ISBN 0-7737-5223-4)

A Canadian book that evaluates new vehicles for economy, reliability and safety. Advises when to buy a new car, lists dealer groups who give the best and worst service, and much more.

Available from: Stoddart
Cost: $14.95

*Edmonston, Phil. Lemon-Aid Used Car Guide. Toronto: Stoddart, 1989.
(ISBN 0-7737-5226-9)

A practical guide for consumers interested in buying a used car. It shows how to prevent buying a defective car or paying too much.

Available from: Stoddart
Cost: $14.95

*Edmonston, Phil. Lemon Aid 4 x 4s, Van and Truck Guide. Toronto: Stoddart, 1988. (ISBN 0-7737-5211-1)

Rates new and used 4 x 4s, pickups and vans according to safety, reliability and overall cost of ownership. An extensive list of specifications and driving impressions will help the consumer choose the best vehicle package at the least cost.

Available from: Stoddart
Cost: $12.95

Gillis, Jack. The Car Book: An Indispensable Guide to the Safest, Most Economical New Cars. New York: Harper & Row, 1988. (ISBN 0-06-096115-5)

Provides the consumer with an overall comparison of cars in terms of safety, fuel economy and maintenance.

Available from: Fitzhenry & Whiteside
Cost: $15.00

*Gold Book of Used Car Prices. Winnipeg: Sanford Evans, monthly.
(ISSN 0381-8179)

Provides average Canadian retail and wholesale prices by make and model of car.

Available from: Sanford Evans
Cost: $62.50 per year

*Gray, Jeffrey. Used Car Buying Strategies. Toronto: Random House, 1987. (ISBN 0-394-22009-9)

A comprehensive guide to the decisions and procedures involved in purchasing a used car. Written by a lawyer, the book includes sample letters, a checklist and a purchase agreement contract.

Available from: Random House
Cost: $12.50

*Hutchinson, Murray and Hutchinson, Linda. How Much? A Log for Intelligent Auto Buying. Sherwood Park, AB: Think Publishing, 1987. (ISBN 0-921705-00-X)

A detailed guide to gathering, recording and organizing information in order to make the best decision when buying a vehicle.

Available from: Think Publishing
Cost: $19.95

While there are a number of car buyer guides available at local newstands, most of these publications do not critically evaluate automobile models. They are useful for information and car specifications. One example is Car and Driver's Buyers Guide.

The standard buying guides for automobiles are the used car books listed above and the April issue of Consumer Reports and Canadian Consumer magazines.

The Automobile Protection Association has also published a "Complaint Kit". Membership in the Association entitles you to receive the kit and copies of their "Bulletin". The cost is $25 per year and the Association is located at:

292 St. Joseph Boulevard West
Montreal, PQ
H2V 2N7.

Libraries wishing to obtain notices of "Vehicle Recalls" and "Tire Recalls" should contact:

Transportation Canada
Road and Motor Vehicle Traffic Safety Branch
Tower C, 21st Fl., Place De Ville
OTTAWA, ON
K1A 0N5

Wills and Estates

*Gottselig, Cheryl. Probate Guide for Alberta. Rev. ed. Vancouver: International Self-Counsel, 1987. (ISBN 0-88908-248-0)

A step-by-step guide to probating an estate.

Available from: International Self-Counsel Press
Cost: $10.95

***Gottselig, Cheryl. Wills for Alberta: How to Make Your Own Will.** 7th ed. Vancouver: International Self-Counsel Press, 1987. (ISBN 0-88908-246-4)

Failure to make a valid will can cause confusion and legal problems for your heirs. Your estate may end up being distributed by law rather than according to your wishes. This guide explains how to make a will in Alberta.

Available from: International Self-Counsel Press

Cost: $6.50

General

***Alberta Consumer and Corporate Affairs. Consumer Complaints: A Self-Help Handbook.** Edmonton: The Department, 1985.

A well-indexed publication that will help resolve complaints about products that do not perform as they should, inadequate services, or businesses that fail to live up to the terms of their sales contracts.

Available from: Alberta Consumer and Corporate Affairs Box 1616

Cost: Free

***Alberta Consumer and Corporate Affairs. Moving Out.** Rev. ed. Edmonton: The Department, 1988.

A colourful, self-use publication with articles, charts, and an interview on topics of interest to people 16-20 years old. How to buy a used car, getting along with a roommate, avoiding scams in the marketplace, and coping with the cost of living are just a few of the topics.

Available from: Alberta Consumer and Corporate Affairs Box 1616

Cost: Free

***Clark, T.K. and Crane, F.G. Consumer Behaviour in Canada: Theory and Practice.** Toronto: Harcourt Brace Jovanovich, Canada, 1990. (ISBN 0-7747-3103-6)

A text book which provides a Canadian perspective on consumer behaviour.

Available from: Harcourt Brace Jovanovich, Canada

Cost: $47.45

***Dupont, Elaine and Gaulin Huguette The Consumer's Guide.** Quebec [City]: Les Publications du Quebec, 1988. (ISBN 2-551-08296-X)

Shows you how to plan and manage your purchases in all avenues of living.

Available from: Les Publications du Quebec

Cost: $14.95

***Edmonston, Phil.** Art of Complaining. Toronto: Musson, 1984. (ISBN 0-77-371063-9)

Canada's top consumer advocate provides information on consumer rights and how to obtain satisfaction. Consumers learn how to complain effectively, organize citizen groups and use the courts to settle disputes.

Available from: Musson c/o General Publishing
Cost: $12.95

Settle, Robert B. Why They Buy, American Consumers Inside and Out. New York: John Wiley & Sons, 1986. (ISBN 0-471-84457-8)

A guidebook to what satisfies, delights, provokes, entertains, confuses, and determines whether or not the American consumer will buy. Equally applicable to the Canadian consumer.

Available from: John Wiley & Sons Canada
Cost: $28.70

Miscellaneous

Blocksma, Mary. Reading the Numbers: A Survival Guide to the Measurements, Numbers and Sizes Encountered in Everyday Life. New York: Penguin Books, 1989. (ISBN 0-14-010654-4)

This book explains the numbers we face every day. From alcohol in blood levels, clothing sizes, heart rate (pulse), to sandpaper and tires; Blocksma makes all the numbers in our lives meaningful.

Available from:
Cost: $10.95

Bodner, Richard A. Money Saving Secrets of Smart Airline Travellers. White Hall, VA: Betterway, 1986. (ISBN 0-93260-65-5)

Detailed information on discount fares, frequent flyer programs and more. American oriented but some Canadian information is included.

Available from: Raincoast
Cost: $4.95

Boehm, Helen F. The Right Toys: A Guide to Selecting the Best Toys for Children. New York: Bantam Books, 1986. (ISBN 0-553-34304-1)

Discusses the appropriate toys for each age group in childhood in order to promote healthy development in terms of motor and cognitive skills and stimulate intellectual curiosity.

Available from: Bantam Books (Canada)
Cost: $10.95

Brewer, Bryan. The Compact Disc Book. San Diego, Harcourt, Brace, Jovanovich, 1987. (ISBN 015-620050-3)

All aspects of compact discs are covered, starting with the history of development, explanation of CD technology and consumer guides to equipment and discs.

Available from: Academic Press
Cost: $14.50

*Cline, Bev. Franchising: A Complete Guide for Canadian Buyers and Sellers. Toronto: Key Porter Books, 1989. (ISBN 1-55013-113-3)

Want to buy or sell a franchise? Bev Cline's book is the one for you. Discusses both large and small operations, different opportunities, choosing a franchise, contacts, and franchising an established business.

Available from: Key Porter Books
Cost: $16.95

*Delaney, John F. Travelwise, A Guide to Safety, Security and Convenience When You Travel. Vancouver: Self-Counsel Press, 1989. (ISBN 0-88908-697-4)

This book covers modes of travel, how to travel in safety and comfort, and how to make sure you get out of dangerous situations alive and well.

Available from: International Self-Counsel Press
Cost: $7.95

Kramer, Geryl. Bridal Registry Guide. Chicago: Turnbull & Willoughby, 1985. (ISBN 0-943084-08-3)

A comprehensive guide for brides to—be. Explains product quality and discusses the importance of registering carefully and thoughtfully.

Available from: Turnbull & Willoughby
Cost: $8.95

Logson, Gene. Gene Logson's Money Saving Secrets: A Treasury of Salvaging, Bargaining, Recycling, and Scavenging Techniques. Emmaus, PA: Rodale Press, 1986. (ISBN 0-87857-625-8)

Logson explains "how to save money by turning your 'worthless stuff' into practical, useable items for the home and garden."

Available from: Fitzhenry & Whiteside
Cost: $13.00

Morgan, Ernest. Dealing Creatively With Death: A Manual of Death Education and Simple Burial. 11th ed. Burnsville, N.C.: Celo Press, 1988. (ISBN 0-914064-266)

This book is a small encyclopedia on death related problems: social, emotional, philosophical and practical. It is written simply and sensitively, drawing on direct experiences.

Available from: Celo Press
Cost: $11.00

*O'Hara, Bruce. Put Work In Its Place: How to Redesign Your Job to Fit Your Life. Victoria: Work Well Publications, 1988. (ISBN 0-9693286-0-5)

A new approach to the world of work. Discusses practical new working arrangements which fit your life—style and your needs. Investigates the full range of job options and shows how to produce a proposal that may be the key to developing a job that works for you.

Available from: Work Well Publications
Cost: $12.95

***Olive, David.** Just Rewards: The Case For Ethical Reform in Business. Toronto: Key Porter, 1987. (ISBN 1-55013-053-6)

The public today is becoming disaffected with the corporate world and consumers and investors are demanding improved social responsibility from companies.

Available from: Key Porter
Cost: 26.30

***Rosenstock, Janet.** Child Care: Options for Working Parents. Toronto: Methuen, 1985.
(ISBN 0-458-99650-5)

This is a book for all working parents who must evaluate and choose from among the many child care alternatives available today.

Available from: Methuen c/o General Publishing Co.
Cost: $14.95

Svigals, Jerome. Smart Cards: The New Bank Cards. New York: Macmillan Publishing, 1987. (ISBN 0-02-948901-6)

The smart card (an integrated circuit or chip card) will change the way consumers bank, pay bills, keep records and fight fraud.

Available from: Collier Macmillan Canada
Cost: $43.00

***West, Michael M.** Chubb Guide to Home Security. Toronto: Key Porter Books, 1989.
(ISBN 1-550213-152-4)

Covers every aspect of protecting your home, by the top name in residential and commercial security.

Available from: Key Porter Books
Cost: $14.95

Weintz, Caroline. The Discount Guide for Travellers over 55. New York: E.P. Dutton, 1988. (ISBN 0-525-48358-6)

This is the only guidebook devoted exclusively to saving older travellers many dollars on travel costs without sacrificing comfort or convenience.

Available from: Beaverbooks
Cost: $9.95

Winn, Marie. Unplugging the Plug-In Drug. New York: Penguin Books,1987.
(ISBN 0-14-008895-4)

How to organize a "TV turn-off" so that parents, teachers and children can better understand and control the effect that television has on their lives.

Available from: Penguin Books
Cost: $10.95

8. AUDIO-VISUALS

***Alberta Consumer and Corporate Affairs.** Happy Endings: How to Hire a Contractor. Calgary: ACCESS Network, 1988.
1 videocassette (19 min.): sd., colour; 1/2 in.

An Alberta couple present what to do in terms of planning, getting estimates, hiring a contractor, and signing the contract, right through to the "happy ending" of enjoying the home improvement.

Available from: ACCESS Network
Cost: $12.50 per program plus cost of tape plus
$5.00 handling charge.

***Alberta Consumer and Corporate Affairs.** If Wishes Were Horses. Calgary: ACCESS Network, 1979.
1 videocassette (29 min.): sd., colour; 1/2 in.

A married couple find themselves deeply in debt with no financial planning skills. This focuses on their problems with creditors and the steps taken to get out of debt and plan for the future.

Available from: ACCESS Network
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge.

***Alberta Consumer and Corporate Affairs.** Lost in the Fine Print. Calgary: ACCESS Network, 1979.
1 videocassette (29 min.): sd., colour; 1/2 in.

Part of the "Family and the Law" series dealing with consumer law. Deals with the responsibilities and rights of the consumer when buying a used car and signing a contract.

Available from: ACCESS Network
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge.

***Alberta Consumer and Corporate Affairs.** Something Borrowed, Something Blue. Calgary: ACCESS Network, 1980.
1 videocassette (28 min.): sd., colour; 1/2 in.

A young couple spend more than they can afford buying on credit. Illustrates the consequences of poor money management and credit abuse.

Available from: ACCESS Network
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge.

***Consumer Fraud: Games Con Men Play.** Toronto: Canadian Learning, 1982.
1 videocassette (15 min.): sd., colour; 1/2 in.

Learn how to avoid being ripped off by consumer fraud. Consumers cite examples of how they were taken in by mail fraud, bait and switch selling techniques and door—to—door con men.

Available from: Canadian Learning Company
Cost: $271.50

Consumer Reports. **Cars: How to Buy a New or Used Car and Keep it Running (Almost) Forever**. Irvine, CA: Karl-Lorimar, 1986.
1 videocassette (50 min.): sd., colour; 1/2 in.

A comprehensive, consumer information videocassette that helps individuals make good car buying decisions. Seven topics are colour-coded for quick reference.

Available from: Consumer Reports Home Video
Cost: $22.45

Keeping It on the Road ... Or, How to Get Your Car Fixed Right the First Time.
Washington: Direct Selling Education Foundation, 1986.
1 videocassette (15 min.): sd. colour; 1/2 in.

An automotive repair video designed for consumer agencies to show on local cable television channels. Accompanied by a manual which includes the script and instructions on how to use the video on cable or at community meetings.

Available from: The Direct Selling Education Foundation
Cost: $15.00

***Medical Legal Issues: Rights and Responsibilities**.
Calgary: Access Network, 1983.
1 videocassette (30 min.): sd., colour; 1/2 in.

Patients are pressing for recognition of their rights, causing health professionals to re-evaluate their legal and ethical responsibilities to the patients they treat.

Available from: Access Network
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge

***Money Smart Series**. Calgary: ACCESS Network, 1985. 13 programs (30 min. each): sd., colour; 1/2 in.

1. Planning for Financial Success
2. Designing Your Financial Plan
3. Putting Your Financial Plan Into Action
4. Insuring Your Life
5. Using Credit Wisely
6. Buying a House
7. Investing in Stocks
8. Your Will and Estate
9. Planning for Retirement
10. Property and Liability Insurance
11. Renting Your Money for Profit
12. Principles of Investment
13. Effective Buying

Practical information on how to achieve financial success through wise money management.

Available from: ACCESS Network
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge

***You and the Law**. Calgary: Access Network, 1987. 10 programs (15 min. each): sd., colour; 1/2 in.

1. Marriage and Common Law
2. Contract and Consumer Law
3. Landlord and Tenant Law
4. Divorce
5. Insurance
6. Wrongful Dismissal
7. Small Claims Court
8. Labour Law
9. Domestic Violence
10. Wills

This series is designed to cover aspects of the law about which there are misunderstandings and misconceptions.

Available from: Access Network
Cost: $12.50 per program plus cost of the tape plus $5.00 handling charge

*Your Health: A Doctor/Patient Partnership.
Calgary: Access, 1987. 1 videocassette (15 min.): sd., colour; 1/2 in.

The requirements for good doctor and patient relations include open communication and understanding the examination, explanation and treatment.

Available from: Access
Cost: $12.50 per program plus cost of tape plus $5.00 handling charge

9. ASSOCIATIONS AND ORGANIZATIONS

Alberta Agriculture Publications
J. G. O'Donoghue Building
7000 - 113 Street
Edmonton, AB T6H 5T6
427-2151

Re: Copies of publications. For general consumer information, contact the District Home Economist.

Alberta Consumer and Corporate Affairs Offices

Calgary: 301 Centre 70
7015 Macleod Trail, South
P.O. Box 5880
Postal Station A
T2H 2M9
297-5700

Camrose: Aspen Business Park
4911-47 Street
T4V 1J9
679-1733

Edmonton: 3rd Fl., Capilano Centre
9945 - 50 Street
T6A 0L4
427-5782

Fort McMurray: 5th Fl., West Tower
9915 Franklin Avenue
T9H 2K4
743-7231

#126 Pacific Rim Mall
9700-165 Avenue
T5H 4J1

Grande Prairie: Provincial Building
10320 - 99 Street, Box 7
T8V 6J4
538-5400

Lethbridge: #300 Professional Building
740 - 4 Avenue South
Bag Service 3014
T1J 4C7
381-5360

Medicine Hat: #303 Provincial Building
770 - 6 Street South West
T1A 4J6
529-3535

Peace River: Peace River Provincial Building
9621 - 96 Avenue
Bag 900, Box 9
T8S 1T4
624-6214

Red Deer: Provincial Building
4920 - 51 Street
T4N 6K8
340-5241

Re: General Department information, complaints and licensing information.

Alberta Motor Association
11230-110 Street
Edmonton, AB T5L 4J5
474-8660

Re: Consumer information on automobiles and auto products. Service available to AMA members only.

Alberta Transportation
Transportation Safety Branch
Twin Atria Building
4999 - 98 Avenue
Edmonton, AB T6B 2X3
427-2731

Re: Automobile defects information.

Alberta Women's Secretariat
8th Fl., Kensington Place
10011 - 109 Street
Edmonton, AB T5J 3S8
422-4927

Re: Referral service, information and pamphlets on topics of particular concern to women.

Automobile Protection Association
292 St. Joseph Boulevard W
Montreal, PQ H2V 2N7
(514) - 273-1733

Re: Automobile information for members of the Association. The Association acts as a lobbyist.

Automotive Retailers Association (Alta)
#2, 10171 - 107 Street
Edmonton, AB T5J 1J5
423-5010

Re: Complaints and inquiries regarding automobile service and repair businesses in Alberta. Service available to member firms only.

Better Business Bureau of Central and Northern Alberta
#514 Capital Place
9707 - 110 Street
Edmonton, AB T5K 2L9
482-2341

Better Business Bureau of Calgary
404 - 630 - 8 Avenue SW
Calgary, AB T2P 1G6
269-3905

Re: Complaints and inquiries about a business. The Canadian and American editions of the BBB's consumer guide, Getting More for Your Money is sometimes available for purchase. (ISBN 0-87501-0907-6)

Calgary Association of Women and the Law
c/o Faculty of Law
University of Calgary
2500 University Drive NW
Calgary, AB T3E 3A2

Re: Information and brochures about legal issues of concern to women.

Canada Mortgage and Housing Corporation
200, 10216 - 124 Street
Box 1273
Edmonton, AB T5J 2M8
482-8700

Re: Federal Government Housing Programs

Canadian Direct Marketing Association
1 Concorde Gate
Suite 607
Don Mills, ON M3C 3N6
(416) 391-2362

Re: Complaints regarding mail advertising. Individuals can ask to have their name removed from mailing lists.

Canadian Life and Health Insurance Association
20 Queen Street West, Suite 2500
Toronto, ON M5H 3S2
(416) 977-2221
Toll Free: 1-800-268-8099

Re: Publications and information on life insurance.

Canadian Standards Association
1707 - 94 Street
Edmonton, AB
T6N 1E6
450-2111

Re: Enquiries on Canadian standards.

Consumer and Corporate Affairs Canada

Edmonton: 10225 - 100 Avenue
T5J 0A1
495-2480

Calgary: 3rd Floor, 510 - 12 Ave. S.W.
T2R 0H3
292-5604

Re: Information on hazardous products.

Consumers' Association of Canada
49 Auriga Drive
Nepean, ON K2E 8A1
(613) 723-0187

Edmonton: Alberta Branch
304, 10136 - 100 Street
T5J 0P1
426-3270

Re: General consumer enquiries. The Association publishes Canadian Consumer Magazine and acts as a lobbyist.

Credit Bureau of Canada

Edmonton: 10350 - 172 Street
Box 9117, Station E
T5P 4K2
483-0216

Calgary: 202. 3015 - 5 Ave. N.E.
T2A 6T8
235-7600

Re: Individuals can ask to see their credit files.

Edmonton Power Customers Service
10065 Jasper Avenue
Edmonton, Alberta
T5J 3B1
448-3010

Re: Publications on appliance selection and use.

Grant MacEwan Community College
Consumer Education Project
8020 - 118 Avenue
Edmonton, AB
T5B 0R8
477-0200

Re: General consumer information.

Health and Welfare Canada
Health Protection Branch

Edmonton: #840, 9700 Jasper Ave.
T5J 4C3
495-2626

Calgary: 282, 220 - 4 Avenue SE
P.O. Box 2958, Stn. M
T2P 3R9
292-4650

Re: Information on economic fraud, packaging and labelling in regard to drugs, cosmetics and devices. The Department is also concerned with potential health hazards.

Health Boards

Edmonton: #500, 10216 - 124 Street
T5N 4A3
482-1965

Calgary: 320-17 Avenue SW
P.O. Box 4016, Stn. C
T2T 5T1
228-7400

Re: Concerns about city retail outlets selling meat and poultry.

Insurance Bureau of Canada
1105 - 10080 Jasper Avenue
Edmonton, AB
T5J 1V9
423-2212
Toll free: 1-800-232-7275

Re: Publications and information on insurance.

Landlord & Tenant Advisory Board
10237 - 98 Street, Musial Building
Edmonton, AB T5J 0M7
428-2525

Other offices located in Banff, Calgary, Fort McMurray, Jasper, Lethbridge, Medicine Hat and Red Deer.

Re: Information and pamphlets on landlord and tenant concerns.

Legal Aid Society of Alberta
300 Revlon Building
10320 - 102 Avenue
Edmonton, AB
T5J 4A1
427-7575

Other offices are located in Calgary, Red Deer, Lethbridge, Peace River and Medicine Hat.

Re: Individuals on low income who are in need of legal assistance.

Legal Resource Centre
10049 - 81 Avenue
Edmonton, AB
T6E 1W7
492-5732
Toll free: 1-800-232-1961

Re Questions concerning the law, for laymen.

Lethbridge Community College
Community Education
3000 College Drive S
Lethbridge, AB
T1K 1L6
320-3323

Re: General consumer information.

Medicine Hat Community College
Division of Community Education
299 College Drive, SE
Medicine Hat, AB
T1A 3Y6
529-3811

Re: General consumer information.

Motor Dealers Association of Alberta

Edmonton: 9451 - 49 Street
T6B 2L8
468-9552

Calgary: 3320B-9 Street South East
T2G 3C3
287-3890

Re: Complaints and inquiries regarding new car dealerships.

Northwestern Utilities
Blue Flame Kitchen
10035 - 105 Street
Edmonton, AB
T5J 2V6
420-1010

Re: Household hints and recipes.

Statistics Canada
Regional Office
8th floor, Bark Square
10001 Bellamy Hill
Edmonton, AB
T5J 3B6
495-3023

Re: Statistical information.

Telephone Help Lines:

Citizen Action Centre
2nd floor
#3 Sir Winston Churchill Square
Edmonton, AB
T5J 2C3
428-2489

Re: Information about city services, government red tape, complaint and problem registry.

Dial-A-Law
Calgary Legal Guidance
100, 615 Macleod Trail S.E.
Calgary, AB
T2G 4T8
234-9266
Toll free: 1-800-332-1091

Re: Pre-recorded tapes provide general information about the law such as wills, and landlord and tenant.

Energy Matters (Inquiry Line)
Alberta Department of Energy
Energy Conservation Branch
10010 - 106 Street
2nd floor, Highfield Place
Edmonton, AB
T5J 3L8
427-5200
Or: Dial 0 and ask for Zenith 22339

Re: Home energy techniques and products, publications and seminars.

Health Line
Community Connections
203, 10711 - 107 Avenue
Edmonton, AB
T5H 0W6
428-4288

Re: Tape-recorded messages on health topics from plastic surgery to vitamins.

Lawyer Referral Service
Law Society of Alberta
#600, 919 - 11 Avenue, S.W.
Calgary, AB
T2R 1P3
229-4700
Toll free: 1-800-332-1110

Re: Assists people who are financially able to retain a lawyer by providing three names of local lawyers in a desired field, and arranging an initial consultation.

Textile Analysis Service
315 B Printing Services Building
University of Alberta
Edmonton, AB
T6G 2N1
492-3832

Re: Lab analysis of textile performance and general information on textiles. Small fee for analysis of drycleaning problems.

Transport Canada
Road Safety and Motor Vehicle
Regulation Directorate
Tower C, Place de Ville
21st Floor
Ottawa, ON K1A 0N5
613-993-6735

Re: Automobile and tire safety-related defects.

10. PUBLISHERS, PRODUCERS AND SUPPLIERS

ACCESS Network
Media Resource Centre
295 Midpark Way S.E.
Calgary, AB T2X 2A8

Academic Press Canada
Harcourt Brace Jovanovich
Canada
55 Horner Avenue
Toronto, ON M8Z 4X6

Addison-Wesley Publishers Ltd.
26 Prince Andrew Place
P.O. Box 580
Don Mills, ON M3C 2T8

Alberta Agriculture
Print Media Branch
J.G. O'Donoghue Building
Main Fl., 7000 - 113 Street
Edmonton, AB T6H 5T6

Alberta Agriculture
Statistics Branch
J.G. O'Donoghue Building
3rd floor,7003 - 113 Street
Edmonton, AB T6H 5T6

Alberta Consumer & Corporate Affairs
Box 1616
Edmonton, AB T5J 2N9

Alberta Consumer & Corporate Affairs
Resource Centre
22nd Fl., 10025 - Jasper Avenue
Edmonton, AB T5J 3Z5

Alberta Economic Development and Trade
Small Business Division
6th Floor, Sterling Place
9940 - 106 Street
Edmonton, AB T5K 2P6

Alberta Motor Association
Box 3740
Station "D"
Edmonton, AB T5L 4J5

Alberta Municipal Affairs
Communications Branch
City Centre, 18th floor
10155 - 102 Street
Edmonton, AB T5J 4L4
427-8862

Avery Publishers
350 Thorens Avenue
Garden City, NY 11040

Avon Books of Canada
Suite 210
2061 McCowan Road
Scarborough, ON M1S 3Y6

Ballantine Books of Canada
1265 Aerowood Drive
Mississauga, ON L4W 1B9

Bantam Books of Canada
105 Bond Street
Toronto, ON M5B 1Y3

Beaverbooks
195 Allstate Parkway
Markham, ON L3R 4T8

Book Centre
1140 Beaulac Street
Montreal, PQ H4R 1R8

Butterworths Canada
409 Granville Street
Suite 1455
Vancouver, BC V6C 1T2

CCH Canadian Ltd.
6 Garamond Crt.
Don Mills, ON M3C 1Z5

Canada Consumer and Corporate Affairs
10225 - 100 Avenue
Edmonton, AB T5J 0A1

Canada Publishing Corporation
164 Commander Boulevard
Agincourt, ON M1S 3C7

Canadian Automobile Association
1775 Courtwood Crescent
Ottawa, ON K2C 3J2

Canadian Bankers' Association
#600, 2 First Canadian Place
Box 348
Toronto, ON M5X 1E1

Canadian Government Publishing Centre
Ottawa, ON K1A OS9

Canadian Learning Company
2229 Kingston Rd., Suite 1
Toronto, ON M1N 1T8

Canadian Library Association
200 Elgin Street, #602
Ottawa, ON K2P 1L5

Canadian Manda Group
Box 920 Station U
Toronto, ON M8Z 5P9

Canadian Money Saver Inc.
Box 370
Bath, ON K0H 1G0

Canadian Securities Institute
Suite 360, 33 Yonge Street
Toronto, ON M5E 1G4

Canadian Toy Testing Council
Box 6014
Station J
Ottawa, ON K2A 1T1

Carswell Legal Publications
2330 Midland Avenue
Agincourt, ON M1S 1P7

Celo Press
1901 Hannah Branch Road
Burnsville, NC 28714

Centex of Canada
1048 Fleury Street
Regina, SA S4N 4W8

Chilton Book Co.
c/o Gage Educational Publishing Co.
164 Commander Blvd.
Agincourt, ON M1S 3C7

Colander Publications
P.O. Box 401, Postal Station P
Toronto, ON M5S 2S9

Collier Macmillan Canada
539 Collier Macmillan Drive
Cambridge, ON N1R 5W9

Consumer Association of Canada Books
Box 9300
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11. TITLE INDEX

Affordable Baby: A Complete Consumer Guide to Costs and Comparisons For Parents-to-Be, **5**
Agricultural Prices and Indexes, **3**
Alan Silverstein's Home Buying Strategies For Resale Homes, **16**
Alberta Conveyancing Law & Practice, **7**
Allergy Guide to Brand-name Foods and Food Additives, The, **9**
Are You Heading for Consumer Bankruptcy?, **23**
Are You Paying Too Much Tax?, **18**
Art of Complaining, **32**
Autopinion, **29**

Bank Book, The, **25**
Be Your Own House Contractor, **15**
Best Ways to Make Money: An Investment Handbook for 1987, **19**
Bitter Truth About Artificial Sweeteners, The, **9**
Bridal Registry Guide, **33**
Building Wealth: Achieving Your Financial Goals, **25**

Canadian Buyer's Guide to Life Insurance, The, **18**
Canadian Consumer, **3**
Canadian Family Law, **7**
Canadian Green Consumer Guide, The, **8**
Canadian MoneySaver, **3**
Canadian Real Estate, **17**
Canadian Retirement Planner, **28**
Canadian Woman's Legal Guide, **7**
Car Book: An Indispensable Guide to the Safest, Most Economical New Cars, The, **29**
Cars: How to Buy a New or Used Car and Keep it Running (Almost) Forever, **36**
Cash From Your Kitchen, **12**
Cheaper and Better: Homemade Alternatives to Store Bought Goods, **12**
Child Care: Options for Working Parents, **34**
Children's Medicine, **10**
Childwise Catalog, **6**
Choice, **3**
Chubb Guide to Home Security, **34**
Columbia University School of Public Health: Complete Guide to Health and Well-Being After 50, The, **10**
Communicating With Your Doctor: Rx for Good Medical Care, **10**
Compact Disc Book, The, **32**
Complete Garage Sale Book, The, **13**
Complete Guide to Being Your Own Home Contractor, **16**

Consumer Behaviour in Canada: Theory and Practice, **31**
Consumer Close-Ups, **3**
Consumer Complaints: A Self-Help Handbook, **31**
Consumer Directory, **1**
Consumer Fraud: Games Con Men Play, **35**
Consumer Law, **8**
Consumer Price and Price Indexes, **2**
Consumer Price Index, **2**
Consumer Reports, **3, 6, 36**
Consumer Reports Buying Guide, **5**
Consumer Sourcebook, **2**
Consumer Times, **3**
Consumer's Guide, The, **31**
Consumer's Resource Handbook, **2**
Consumers Union News Digest, **3**
Consumers' Index to Product Evaluations and Information Source, **4**
Controlling Your Money Step by Step, a Workbook, **27**
Credit, Debt and Bankruptcy Handbook, **25**
CSA and the Consumer, **3**
Cut Your Bills in Half: Thousands of Tips to Save Thousands of Dollars, **24**
Cut Your Electric Bills in Half, **8**

Dealing Creatively With Death: A Manual of Death Education and Simple Burial, **33**
Delaney Report on RRSP's, **19**
Directory of Associations in Canada, **1**
Discount Guide for Travellers over 55, The, **34**
Dollars & Sense: The Complete Financial Planning Guide, **24**
Dun & Bradstreet's Guide To Your Investments, **20**

Emergency Aid: Children and Household Materials, **11**
End of the Line: Inside Canada's Nursing Homes, **9**
Essential Guide to Prescription Drugs, The, **10**
Everyday Law: A Survival Guide for Canadians, **7**
Everywoman's Money Book, **27**
Exerstyle: The Ultimate Guide to Personal Gym Equipment, **6**

Family Economics Review, **3**
Farm Input Prices and Retail Food Prices in Edmonton and Calgary, **3**
FDA Consumer, **3**
50+: The Graedons' People's Pharmacy For Older Adults, **10**
Financial Fitness Through Divorce, **25**
Financial Planning for Early Retirement, **27**
Financial Post Guide to Mutual Funds, **19**
Financial Post Moneywise, **4**

Financial Post Moneywise (Game), **24**
Financial Post Moneywise Dictionary of Personal Finance, **27**
For Rent By Owner, **16**
For Sale By Owner: Sell Your Own Home and Save Thousands, **16**
Franchising For Free: Owning Your Own Business Without Investing Your Own Cash, **20**
Franchising in Canada: Pros and Cons, **19**
Franchising: A Complete Guide for Canadian Buyers and Sellers, **33**
Freedom from Harm: the Civilizing Influence of Health, Safety and Environmental Regulation, **9**

Garth Turner's 1987-88 Canadian Real Estate Guide, **17**
Garth Turner's Survival Guide: Personal Financial Planning for Canadians, **26**
Gene Logson's Money Saving Secrets: A Treasury of Salvaging, Bargaining, Recycling, and Scavenging Techniques, **33**
Get Smart!: Make Your Money Count, **25**
Global Innovation: the Impact on Canada's Financial Markets, **21**
Gold Book of Used Car Prices, **4, 29**
Golden Revolution: Retirement Styles for the 1990's, The, **27**
Guide to Appliances, **6**
Guide to Baby Products, **6**
Guide to Government Grants in Alberta, A, **2**
Guide to Kitchen Equipment, **6**
Guide to Making Money: How to do it Yourself, **20**

Happy Endings: How to Hire a Contractor, **35**
Head and Heart: Financial Strategies For Smart Women, **24**
Health or Hoax? The Truth About Health Foods and Diets, **9**
Home Improvement Cost Guide, **15**
Home Occupations, **12**
Homeowners Money Management, **26**
Household Chartalog: 100 Charts of Kitchen Tips, Equivalents,Cleaning Hints...and Much Much More, The, **13**
Housewise: The Smart Woman's Guide to Buying and Renovating Real Estate for Profit, **14**
How do I Clean the Moosehead? and 99 More Tough Questions About Housecleaning, **12**
How Much? A Log for Intelligent Auto Buying, **30**
How to Buy a House, Condo or Co-op, **17**
How to Clean Practically Anything, **13**
How to Evaluate and Select a Nursing Home, **9**
How to Make Big Money at Home, **12**
How to Make Money Trading Stocks and Commodities, **22**

If Wishes Were Horses, **35**

Incorporation and Business Guide for Alberta, **20**
Insurance Pages: Who Writes What in Property/Casualty Insurance, **17**
Investing Successfully in Canadian Mutual Funds, **22**
Investment Strategies, How to Create Your Own and Make It Work, **21**
It Doesn't Grow on Trees, **26**
It's Here...Somewhere!, **13**

Jacks on Tax Savings, **20**
Journal of Consumer Research, **4**
Just Rewards: The Case For Ethical Reform in Business, **34**

Keeping It on the Road ... Or, How to Get Your Car Fixed Right, **36**

Landlord/Tenant Rights in Alberta, **15**
Landlording in Canada, A Practical Business and Legal Guide, **16**
Lemon Aid 4 x 4s, Van and Truck Guide, **29**
Lemon-Aid, **4**
Lemon-Aid New Car Guide, **29**
Lemon-Aid Used Car Guide, **29**
Looking After the Future: An Up-to-Date Guide to Pension Plan, **28**
Lost in the Fine Print, **35**
Low-Risk Investing, **21**

Making Money From Your Mortgage, **14, 19**
Market Wise: Your Personal Investment Program, **22**
Medical Legal Issues: Rights and Responsibilities, **36**
Mike Grenby's Tax Tips, **20**
Mind Over Money: How to Banish Your Financial Headaches and Achieve Moneysanity, **24**
Mobile Retirement Handbook: A Complete Guide to Living and Travelling in an RV, **28**
Mom Buy Me That, **7**
Money, **4, 23**
Money Saving Secrets of Smart Airline Travellers, **32**
Money Smart Series, **36**
Mortgages and Foreclosure: Know Your Rights, **15**
Moving Out, **31**

New Start With $1000: Do-It-Yourself Investment Strategies, The, **18**
1988/89 Canadian Tax and Investment Guide, The, **23**

Ownership Retirement Housing Projects in Alberta, **16**

Perfect Mortgage: Your Key to the Cost of Home Ownership, The, **17**
Personal Finance For Canadians, **23**
Personal Financial Planning in Canada, **24**
Planning For Financial Independence Choose Your Lifestyle, Secure Your Future, **25**
Price Waterhouse Book of Personal Financial Planning, The, **23**
Probate Guide for Alberta, **30**
Programs for Seniors, **27**
Protect Yourself, **4**
Publications List, **1**
Put Work In Its Place: How to Redesign Your Job to Fit Your Life, **33**

Radiation Alert: A Consumer's Guide to Radiation, **10**
Radon: The Invisible Threat, What It Is, Where It Is, How to Keep Your House Safe, **15**
Reading the Numbers: A Survival Guide to the Measurements, Numbers and Sizes, **32**
Real Estate Buying/Selling Guide for Alberta, **17**
Residential Wood Heating, a Homeowner's Guide, **8**
Retire Right: How to Manage Your Money and Achieve Financial Freedom, **28**
Right Toys: A Guide to Selecting the Best Toys for Children, The, **32**
Retirement Guide for Canadians: An Overall Plan for a Comfortable Future, **28**
Rodale's Book of Shortcuts: Advice, Tips and Techniques, **14**
Rodale's Complete Home Products Manual: the best guide for us, **14**
RRSP Strategies '87, **21**
RRSPs 1989: Everything You Need to Know, **21**

Save Your Money, Save Your Face: What Every Cosmetics Buyer Needs to Know, **5**
Second Opinion: Your Comprehensive Guide to Treatment Alternatives, **11**
Selected U.S. Government Publications, **1**
Selling Your Own Home: A Step–By–Step Guide, **15**
Senior Citizen's Handbook, The, **28**
Separation and Divorce: A Canadian Woman's Survival Guide, **24**
Short–Changed: Victims of the Canadian Financial Crisis, **26**
673 Ways to Save Money, **12**
Small Business Series, **11**
Small Claims Court Guide for Alberta, **8**
Small Investor's Guide to Making Money in Canadian Real Estate, **17**
Smart Cards: The New Bank Cards, **34**
Something Borrowed, Something Blue, **35**
Sound and Vision, **4**
Speed Cleaning, **13**
Spring Cleaning, **13**
Start and Run a Profitable Craft Business: A Complete Step-by-Step Business Plan, **12**

Superinsulated Home Book, The, **8**

Taking Charge of Your Money, **23**
Taking the Guessing Out of Investing, **22**
Tax Facts 6, The Canadian Consumer Tax Index and You, **22**
Tax Investment, and Retirement Strategies: Achieving Financial Success at All Ages, **19**
Tax Reform 87: Your Guide for Personal and Business Planning, **22**
Tax Shelters: Choose with Care!, **21**
Things They Might Not Tell You at the Furniture Store, **6**
Through the Mutual Funds Maze, **22**
Toothpaste and Peanut Butter, A How-To Collection of Household Hints, **14**
Touche Ross Canadian Guide to Personal Financial Management, **26**
Toy Buying Guide, **6**
Toy Report, **5**
Toys That Kill, Make Sure Your Child is Safe, **11**
Travelwise, A Guide to Safety, Security and Convenience When You Travel, **33**
2000 A.D.: A Guide to Financial Awareness, **18**

Understanding Mutual Funds, Your No Nonsense Everyday Guide, **21**
Unplugging the Plug-In Drug, **34**
Used Car Buying Strategies, **30**

Wealthy Barber, The Common Sense Guide to Successful Financial Planning, The, **19**
Which, **4**
Why They Buy, American Consumers Inside and Out, **32**
Wills for Alberta: How to Make Your Own Will, **31**
Worst Pills, Best Pills: The Older Adult's Guide to Avoiding Drug-induced Death or Illness, **11**

You and the Law, **36**
You Wanted to Know: Simple, Practical Answers to More Than 1,200 Common Household Problems, **14**
Your Health, A Doctor/Patient Partnership, **37**

12. AUTHOR INDEX

Alberta Agriculture, **1**
Alberta Consumer and Corporate Affairs, **7, 18, 23, 31, 35**
Alberta Economic Development and Trade. Small Business Division, **11**
Alberta Senior Citizen's Secretariat, **27**
Arnett, Janet, **12**
Aslett, Don, **12**

Batten, Jack and Harris, Marjorie, **7**
Bausell, R. Barker, **9**
Beach, W., and Hepburn, L., **18**
Bender, Arnold E., **9**
Birnes, Nancy H., **12**
Blocksma, Mary, **32**
Bodner, Richard A., **32**
Boehm, Helen F., **32**
Bohuslawsky, Maria, **9**
Bollier, David and Claybrook, Joan, **9**
Brangham, Suzanne, **14**
Bray, Arthur, **27**
Breitbard, Stanley H., **23**
Brewer, Bryan, **32**
Brown, J.J., and Ackerman, Jerry, **18**
Brown, Kathleen H., **23**
Brumberg, Elaine, **5**
Bundy, Darcie, **5**

Campbell, Jeff, **13**
Canada Consumer and Corporate Affairs, **23**
Canada, Energy Mines and Resources, **8**
Canadian Toy Testing Council, **5**
Chakrapani, Chuck, **19**
Chilton, David, **19**
Clark, T.K. and Crane, F.G., **31**
Cline, Bev, **33**
Cohen, Dian, **35**
Coltman, Michael M., **19**
Consumers Union, **5**
Cooke, Ronald J., **12**
Costello, Brian, **14, 19**
Cote, Jean-Marc, and Day, Donald, **24**

Delaney, John F., **33**
Delaney, Tom, **19**
DeMont, John and LeMay, Tracy, **19**
DeThomasis, Tony, **19**
Drabek, Jan, **27**
Drache, Arthur, **24**
Drache, Arthur B.C. and Schneider, Susan Weidman, **24**
Dunnan, Nancy, **20**
Dupont, Elaine and Gaulin Huguette, **31**

Edmonston, Phil, **29, 32**

Florman, Monte, **13**
Forman, Norm, **24**
Foster, Dennis L., **20**
Fulton, Alice and Hatch, Pauline, **13**

Gibson, Nancy, **24**
Gillis, Jack, **29**
Gillis, Jack, and Fise, Mary Ellen R., **6**
Goheen, Duncan S., **25**
Goldenberg, David M., **15, 20**
Gottselig, Cheryl, **30, 31**
Graedon, Joe and Graedon, Teresa, **10**
Gray, Jeffrey, **30**
Grenby, Mike, **20**
Groberman, Jeff and Yardley, Colin, **13**

Harasim, Mary, **15**
Harris, Catherine, **12**
Heldmann, Carl, **15**
Herbert, Ralph J., **8**
Hesse, Jurgen, **28**
Hunnisett, Henry, **28**
Hutchinson, Murray and Hutchinson, Linda, **30**
Hynes, William G., **12**

Jacks, Evelyn, **20**
Johns, Stephanie Bernardo, **9**
Jones, J. Alfred and Phillips, Gerald M., **10**
Jones, Sandy, **6**

Kalymon, Basil A., **21**
Kelman, Steven G., **21**
Kelman, Steven G. and Friedland, Seymour, **21**
Kepler, Ann, and Kepler, James, **10**
Kramer, Geryl, **33**
Kronby, Malcolm C., **7**

Lafavore, Michael, **15**
Lawson, James A., **28**
Lewin, Elizabeth S., **25**
Logson, Gene, **33**
Long, James W., **10**
Longhurst, Patrick, and Earle, Rose Marie, **28**
Louis, David, **21**

MacInnis, Lyman, **25**
Manning, Helen, **15**
Mazzurco, Philip, **6**
McLeod, William E., **18, 21**
McNeill, Patricia, **16**
Mitchell, Harris, **14**
Moore, Terry, **14**
Morgan, Ernest, **33**
Mrtvicka, Edward F., **25**

Nisson, J.D. Ned & Dutt, Gautam, **8**

O'Hara, Bruce, **33**
Oddy, Russell, **16**
Olive, David, **34**
Ontario. Ministry of Municipal Affairs. Research and Special Projects Branch, **12**

Pape, Gordon, **21, 25**
Parker, Alan, **25**
Penny Power, **4**
Perrin, Timothy, **26**
Peterson, Jean Ross, **26**
Pipes, Sally and Walker Michael, **22**
Poch, David I., **10**
Pocock, David E., **16**
Polson, Kirk and Breh, George, **28**
Prosser, Larry, **16**

Remington, Dennis W., **9**
Romank, Lorraine, **16**
Rosenfeld, Isadore, **11**
Rosenstock, Janet, **34**
Ryce, Victoria M., **22**

Schwartz, Edward M., **11**
Settle, Robert B., **32**
Sievers, Marc, **22**
Silverstein, Alan, **16, 17**
Smith, Wesley J., **28**
Sranko, George R., **22**
Steacy, Richard, **17**
Sterk, John, **7**
Stewart, George C., **17**
Student Legal Services of Edmonton, **8**
Svigals, Jerome, **34**

Tester, Arthur V., **11**
Thomett, Michael C., **17**
Thomsett, Michael C., **26**
Tremayne, Sydney, **22**
Turner, Garth, **17, 26**

Wald, Mary S. and Severn, Alan K., **27**
Wasserman, P., and Morgan, J., ed, **2**
Weiner, Andrew, **27**
Weintz, Caroline, **34**
Weiss, Gary, **17**
West, Michael M., **34**
Winn, Marie, **34**
Wolfe, Sidney M., **11**
Wylie, Betty Jane, and MacFarlane, **27**

Zimmer, Henry B., **23**
Zinkhofer, Fred, **8**